FIM Medical code

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MEDICAL CODE

The Medical Code contains guidelines, standards and requirements for the following: medical fitness in order to obtain a rider’s licence (09.1 - 09.3), medical services at events (09.4 - 09.7), procedure in the event of an injured rider (09.8), insurance (09.9), professional confidence (09.10), statistics (09.11) and documentation (Appendices A,B,C,D,E,F,G,L,O,R,S,T,V). Appendix U will be published at a later stage.

The requirements of the Medical Code must be met at all FIM events and are recommended for all other competitions.

In circumstances not covered explicitly by the FIM Medical Code, a binding decision will be taken by the FIM International Medical Commission (CMI) after internal consultation by the CMI Bureau.

If such a situation occurs during a FIM event, a binding decision will be made by mutual agreement between the CMO, Medical Director, FIM SBK Medical Director, FIM Medical Officer (GP) and FIM Medical Representative, if present.

Any modifications to the Medical Code whatsoever are only possible with the consent of the FIM and its contractual partners.

Any amendments to the GP Medical Code must be approved by the GP Commission.

Any amendments to the SBK Medical Code must be approved by the SBK Commission.

The FIM Circuit Racing Grand Prix World Championships: Moto3, Moto2 and MotoGP will be herein collectively referred to as “GP”.

The Superbike & Supersport World Championships will be herein collectively referred to as “SBK”.

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09.1  **MEDICAL CERTIFICATE AND EXAMINATION**

Every rider taking part in motorcycle competition events must be medically fit. For this reason a satisfactory medical history and examination are essential. It is the responsibility of the rider to immediately inform the relevant FIM Medical Officer, FIM SBK Medical Director, FIM Medical Director, FIM Medical Representative and the CMO of any changes in his/her health through illness or injury that may adversely affect his/her ability to ride or compete. Failure to do so will result in an immediate exclusion from competition and may lead to further sanctions. The medical history and medical examination forms are contained in Appendices A and B. The medical certificate is valid for not more than one year. In the event of serious injury or illness occurring following the issue of a medical certificate, a further examination and medical certificate are necessary.

In addition to the medical examination, an applicant for any licence in Cross-Country Rallies (World Championship, FIM Prize, international events) must undergo and pass successfully an echocardiogram once in his lifetime prior to the issuing of the licence. An exercise tolerance electrocardiogram must be conducted and successfully passed with this echocardiogram and is then required every three years.

Regarding the duration of convalescence after injury please refer to Appendix L.

09.1.1  **GUIDELINES FOR THE EXAMINING DOCTOR**

(To be issued with the medical history [Appendix A], and medical examination [Appendix B] Forms).

The examination should be performed by a doctor familiar with the applicant’s medical history. The examining doctor must be aware that the person to be examined is applying for a licence to participate in motorcycle events. The purpose of the examination is to determine whether the applicant is physically and mentally fit to control a motorcycle in order to ensure the safety of other riders, officials and spectators during an event, having regard to the type of event for which the rider is applying.

Certain disabilities exclude the granting of a licence.
LIMBS

The applicants should have sufficient function of their limbs to permit full control of their machine during events. In the case of loss or functional impairment of all or part of a limb or limbs the applicant must be referred for the opinion of the medical commission of his FMN and of the FIM, if necessary.

EYESIGHT

For all disciplines except trial, the minimum corrected visual acuity must be 6/6 [10/10] with both eyes open together. The minimum field should measure 160 degrees, 30 degrees vertical.

For Trial, the minimum corrected visual acuity must be 6/6 [10/10] with one or both eyes open together. The minimum field should measure 160 degrees, (120 degrees for monocular vision with 60 degrees each side) 30 degrees vertical.

For all disciplines, spectacles, if required, should be fitted with shatterproof lenses and contact lenses, if worn, should be of the “soft” variety.

Satisfactory judgement of distance and wearing double protection when competing would be required for all riders with vision in only one eye.

Double vision is not compatible with the issuing of a competition licence.

The applicant, for any event except Trial, must have normal colour vision, in that they can distinguish the primary colours of red and green. If there is any doubt, a simple practical test is recommended under conditions similar to those of a race.

HEARING AND BALANCE

A licence can be issued to an applicant with impaired hearing but not to an applicant with a disturbance of balance.
A rider with impaired hearing must be accompanied at the riders briefing by a person with normal hearing who can communicate the information either by signing or in writing. The rider must wear a clearly visible tag that identifies him/her as hearing-impaired to the marshals and medical personnel in case of an accident/incident. The rider must also comply with the requirements of Article 09.3.4 of the FIM Medical Code.

**DIABETES**

In general, it is not considered advisable for diabetics to enter motorcycle events.

However, a well-controlled diabetic not subject to hypoglycaemic or hyperglycaemic attacks, and having no neuropathy nor any ophthalmoscopic evidence of vascular complications, may be passed as fit to compete.

**CARDIO-VASCULAR SYSTEM**

In general, a history of myocardial infarction or serious cardio-vascular disease would *normally* exclude a rider. Special attention should be paid to blood pressure and cardiac rhythm disorders. In such cases a certificate from a cardiologist including the results of any test the cardiologist considers necessary, must be submitted with the medical examination form.

With the exception of Trial any rider of fifty years and over must have an exercise tolerance electrocardiogram performed, and the result must be favourable. In Trial, an exercise tolerance electrocardiogram is required for any rider of 50 years and over if there are known significant risk factors for or history of cardiac disease.

**NEUROLOGICAL AND PSYCHIATRIC DISORDERS**

In general, applicants with a serious neurological or psychiatric disorder will not be granted a licence.
FITS OR UNEXPLAINED ATTACKS OF LOSS OF CONSCIOUSNESS

A licence will not be issued if the applicant suffers from epilepsy, has suffered a single epileptic fit, or has suffered any episodes of unexplained sudden loss of consciousness during a period of 5 (five) years. If no other epileptic fit or other unexplained sudden loss of consciousness has occurred during these 5 (five) years, the applicant may be granted a licence.

USE OF WADA PROHIBITED SUBSTANCES

Applicants using substances included in the WADA Prohibited List will not be accepted except with a valid Therapeutic Use Exemption (TUE) approved by the FIM.

ALCOHOL

Applicants with an alcohol addiction will not be accepted.

For safety reasons riders must not participate in competition if they are found to have a blood alcohol concentration superior to the threshold of 0.10. g/L.

The presence of alcohol in concentration higher than the threshold and the consumption/use of alcohol (ethanol) are prohibited in motorcycling sport during the *in-competition period and will be considered as a violation of the Medical Code.

Such violation(s) of the Medical Code will be sanctioned as follows:

The riders will be immediately excluded and disqualified from the relevant event. Further sanctions will be applied in accordance with the FIM Disciplinary & Arbitration Code and/or the relevant Sporting Regulations.

For the purpose of the FIM Medical Code, the in-competition* period is defined as the period commencing 12 hours before the rider rides his bike for the first time during the event**, ending thirty (30) minutes after the end of the last race*** in his/her class and category.
For the avoidance of doubt the possession, use and consumption of alcohol during the awarding ceremony is not considered a violation under the FIM Medical Code providing that the podium ceremony takes place at the end of the event.

Detection will be conducted by analysis of breath and/or blood. The alcohol violation threshold is equivalent to a blood alcohol concentration of 0.10 g/L.

Riders may be subject to alcohol breath and/or blood testing at any time in-competition.

** Event is a single sporting event composed, depending on the discipline, of practice sessions, qualifying practice sessions and race(s), rounds, legs, heats or stages.

*** or round, leg, heat or stage.

MEDICATION & DRUGS

Applicants will not be accepted if they are using medication including those legitimately prescribed with potentially adverse side effects that could pose a risk to the safety of the rider or others during competition. This includes drugs that cause sedation, blurred vision, psychomotor retardation or other side effects that can adversely affect their ability to have full and complete control of a motorcycle in competition.

TREATMENT WITH PROHIBITED SUBSTANCES OR METHODS AT EVENTS

Any treatment requiring a prohibited substance or method to be used by any doctor to treat a rider during an event must be discussed and agreed with the FIM Medical Officer (GP), FIM SBK Medical Director, FIM Medical Director or FIM Medical Representative, if present. If this is required a TUE must be submitted immediately for retroactive approval to be received by the FIM no later than the following day after the event.
ANAESTHESIA

Riders will not be permitted to participate in practice or competition until at least 48 hours have elapsed following any general, epidural, spinal or regional anaesthesia.

See also 09.3.3 and appendix L.

CONCUSSION

Assessment of the injured rider and return to competition should be in accordance with the guidelines for the assessment and management of concussion as contained within the International Consensus Statement on Concussion in Sport Zurich 2012.

See also Art. 09.3.3 and appendix L.

In the event of a suspected concussion the rider should be assessed using a recognised assessment tool such as SCAT3 or similar (see appendix S). If the assessment confirms a concussion the rider should immediately be excluded from competition for at least the rest of the event. Prior to returning to competition the rider should be assessed for and provide documentary evidence of a return to normal neuro-psychological function using for example the IMPACT system, functional MRI scan or similar.

09.1.2 PROCEDURE IN CASE OF DOUBT OF MEDICAL FITNESS

The examining doctor may not feel able to approve an applicant on medical grounds. In such a case he should complete the certificate, having ticked the relevant box, sign it, and then send it to the applicant’s FMN with his observations, including past history. If necessary, he should request that the applicant be examined by a member of the medical committee of the FMN or a doctor appointed by the FMN.

09.1.3 COST OF MEDICAL EXAMINATION

Any fee arising from the examination or completion of the medical certificate is the responsibility of the applicant.
09.2 AGE OF RIDERS, DRIVERS AND PASSENGERS

Licences for riders, drivers and passengers are issued for FIM World Championships and Prizes, as well as for international meetings, only when the minimum age has been attained as below:

A. **FIM World Championships**

Circuit Racing

- **FIM WC GP: Moto3 class:**

  In the Moto3 class, an exemption applies to the winner of the FIM Junior Moto3 Championship to compete in the Moto3 class of the FIM World Championship Grand Prix in the following season, even if the rider has not reached the minimum age for the class.

  Max. age Moto3: 25 years for new contracted riders participating in the Moto3 Grand Prix for the first time and for wild cards) at the 1st of January of the corresponding Championship year.

  - **FIM Supersport 300cc World Championship** 15 years 28 years
  - **FIM Junior Moto3 World Championship** 14 years 28 years
  - **FIM WC GP: Moto2 class:** 16 years
  - **FIM WC GP: MotoGP class :** 18 years
  - **FIM Superbike WC:** 18 years
  - **FIM Supersport WC:** 16 years
  - **FIM Sidecar WC: drivers:** 18 years
  - **FIM Sidecar WC: passengers:** 16 years
  - **FIM Endurance WC:** 18 years
Motocross

- **FIM MXGP Motocross WC:** 16 years - 50 years
- **FIM MX2 Motocross WC**
- **FIM Motocross of Nations:** As per MXGP, MX2 classes 50 years
- **FIM Sidecar Motocross WC:**
  - drivers: 16 years - 50 years
  - passengers: 16 years - 50 years
- **FIM Junior Motocross WC:**
  - 65cc class: 10 years - 12 years
  - 85cc class: 12 years - 14 years
  - 125cc class: 13 years - 17 years
- **AMA Supercross, an FIM WC:** 16 years -
- **FIM SuperMoto S1GP WC**
- **FIM SuperMoto of Nations:** 15 years - 50 years
- **FIM SnowCross WC** 16 years - 50 years
- **FIM FreeStyle Motocross WC:** 16 years - 50 years
- **FIM Women’s Motocross WC:** 15 years - 50 years

Trial

- **FIM Trial WC:** TrialGP/Trial2 16 years
- **FIM Women’s Trial WC:** TrialGP Women 14 years
- **FIM Trial des Nations - World Championship:** 16 years
- **FIM Women’s Trial des Nations** 14 years
  - If the event is not held on a closed circuit
  - Holder of a valid driver’s licence
- **FIM X-Trial WC:** 16 years
Enduro

- FIM International Six Days' Enduro  
  Holder of a valid driver’s licence
- FIM Enduro WC  
  Holder of a valid driver’s licence
- FIM SuperEnduro WC  
  18 years (Prestige)
- FIM Junior Enduro WC  
  Holder of a valid driver’s licence and under 23 years

Cross-Country Rally

- FIM Cross-country Rallies WC  
  Holder of a valid driver’s licence
### Track racing

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<th>Event</th>
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<th>Max.</th>
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<tr>
<td>FIM Team Ice Speedway Gladiators WC:</td>
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<tr>
<td>FIM Team Speedway under 21 WC:</td>
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<td>21 years</td>
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### B. FIM Prizes

#### Circuit Racing

- FIM MotoGP Rookies Cup: 13 years 18 years

#### Motocross

- FIM Veteran Motocross World Cup: 40 years 55 years
- FIM Women’s SnowCross World Cup: 16 years 50 years
Trial

- FIM Trial des Nations - International Trophy: 14 years
- FIM Women’s Trial2 Cup: 14 years
- FIM 125cc Trial Cup: 14-18 years
  If the event is not held on a closed circuit: Holder of a valid driver’s licence
- FIM X-Trial des Nations: 16 years

Enduro

- FIM Youth Enduro Cup: Holder of a valid driver’s licence and under 20 years
- FIM Junior SuperEnduro World Cup Age min: 16 years / Max: 23 years
- FIM Women’s Enduro World Cup: Holder of a valid driver’s licence
- FIM Women’s SuperEnduro World Cup: Age min. 16 years

Cross-Country Rally

- FIM Cross-country Rallies World Cup - Women: Holder of a valid driver’s licence
- FIM Bajas World Cup - 450cc/over 450cc - Women - Quad- Junior Holder of a valid driver’s licence
• FIM Cross-country Rallies World Cup - Quads Holder of a valid driver’s licence
• FIM Cross-country Rallies World Cup - Junior Holder of a valid driver’s licence
• FIM Cross-country Rallies World Cup - Veteran Holder of a valid driver’s licence
  Age min. 45 years

**Track racing**

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<tr>
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<th>Max.</th>
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<tbody>
<tr>
<td>FIM Speedway World Cup</td>
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<td>FIM Speedway Youth Gold Trophy 85cc:</td>
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<tr>
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<td>FIM Long Track Youth World Cup 250cc:</td>
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C. **International events**

**Circuit Racing**

- International events: classes up to 125cc, 2 strokes: 13 years
- International events: classes up to 250cc, 4 strokes, 1 cylinder: 13 years
- International events: over 125cc, 2 strokes and over 250cc, 4 strokes: 16 years
- International Hill climbs Races: 16 years
- International Drag Races: 16 years

**Motocross**

- International events: 85cc class: 12 years
- International events: 125cc and 250cc classes: 15 years
- International events: 500cc class: 15 years
- Sidecar Motocross International events: drivers: 16 years
- Sidecar Motocross International events: passengers: 16 years
- International Supercross events: 15 years
- International SnowCross Races: 16 years
- International FreeStyle Motocross: 15 years
- International SuperMoto Races: 15 years

**Trial**

- International Indoor Trial: 12 years
- International Trial: 12 years

(The Supplementary Regulations must state the actual restrictions on age, respecting national legislation and stipulating any requirements for holding a driving licence).
Enduro

- Quads international events: Holder of a valid driver’s licence
- International Indoor Enduro: 14 years
- International Enduro events: Holder of a valid driver’s licence

Cross-Country Rally & Baja

- International Cross-country rallies: Holder of a valid driver’s licence

Track racing

- International Speedway: 16 years
- International Speedway League meetings: 16 years
- International Ice Racing meetings: 16 years
- International Long & Grass Track Races: 16 years
- International Motoball Events: 16 years

The minimum ages for each and every discipline and category of events start on the riders’ minimum age birthday.
09.2.1 APPLICANTS AGED 50 YEARS AND OVER

Applicants aged 50 and over except in Trial must attach to their rider’s licence request a certificate of medical fitness including a normal exercise tolerance electrocardiogram which is required at least every 3 years. In Trial an exercise tolerance electrocardiogram is also required if there are known significant risk factors for or history of cardiac disease.

(Refer to the respective appendices for the maximum age limits that apply to certain FIM World Championships and Prizes)

The limit for the maximum age in Circuit Racing GP and SBK World Championships finishes at the end of the year in which the rider reaches the age of 50.

09.3 SPECIAL MEDICAL EXAMINATION (Appendix C)

At any time during an event a special medical examination (this may include urine dipstick testing for drugs) may be carried out by an official doctor or by another doctor nominated by the Chief Medical Officer (CMO) at the request of the Race Director, Medical Director, FIM Medical Officer (GP), FIM SBK Medical Director, FIM Medical Director, Jury President, Chief Steward or the FIM Medical Representative.

09.3.1 REFUSAL TO UNDERGO SPECIAL MEDICAL EXAMINATION

Any rider who refuses to submit himself to such a special medical examination will be excluded from the event, and the details notified to his FMN, the Race Direction (GP & SBK) and the FIM.
09.3.2 LIST OF MEDICALLY UNFIT RIDERS
(APPENDIX O) / (MEDICALLY UNFIT LIST- FORM OF GP/SBK)

The CMO shall examine all riders listed as medically unfit who wish to compete in order to assess their medical fitness to do so the day before they use a motorcycle on the track. The list shall be supplied by the Medical Director and/or FIM Medical Officer, FIM SBK Medical Director, FIM Medical Director who will attend this examination. It is the rider’s responsibility to inform the CMO, Medical Director, FIM SBK Medical Director, FIM Medical Director and FIM Medical Officer of any injury or illness sustained between events for inclusion in the list.

09.3.3 MEDICAL FITNESS TO RACE

A rider must be sufficiently medically fit to control his motorcycle safely at all times. There must be no underlying medical disorder, injury or medication that may prevent such control or place other riders at risk. Failure of a rider to disclose such a condition may lead to the application of sanctions.

Riders will not be permitted to participate in practice or competition until at least 48 hours have elapsed following any general, epidural, spinal or regional anaesthesia.

In the event of a suspected concussion the rider should be assessed and managed in accordance with the guidelines for the assessment and management of concussion as contained within the International Consensus Statement on Concussion in Sport Zurich 2012. The rider should be assessed using a recognised assessment tool such as SCAT3 or similar. If the assessment confirms a concussion the rider should immediately be excluded from competition for at least the rest of the event. Prior to returning to competition the rider should be assessed for and provide documentary evidence of a return to normal neuro-psychological function using for example the IMPACT system, a functional MRI or similar.
The decision regarding medical fitness to compete is normally at the discretion of the CMO. The CMO should be provided with and consider a report from the practitioner treating the rider including details of X-rays, scans, analyses, other investigations and any interventions before assessing a rider’s fitness to return to competition. As necessary and appropriate decisions regarding fitness to compete should be made in consultation with the Medical Director, FIM SBK Medical Director, FIM Medical Officer, FIM Medical Director and/or FIM Medical Representative, if present.

09.3.4 RIDERS WITH SPECIAL MEDICAL REQUIREMENTS

Riders with certain medical conditions and who may require special treatment in the event of injury, who have been in hospital during the previous 12 months or who are being treated for any medical conditions are responsible for informing the CMO, Medical Director, FIM SBK Medical Director, FIM Medical Officer and FIM Medical Director before the event regarding their condition and that they may require such special treatment.

09.4 MEDICAL SERVICES AT EVENTS

Any treatment at the circuit during an event is free of charge to the riders.

The costs for transferring an injured rider to a hospital designated by the CMO are the responsibility of the organiser or promoter of the event.

Medical services must guarantee assistance to all riders as well as any other authorised persons injured or taken ill at the circuit during event.

A medical service for the public, separate from the above services must be provided by the event organisers. This service is not described in this code but must conform to any regulation enforced by the relevant country and reflect the size of crowd expected. This service must be controlled by a deputy CMO or other doctor but not directly by the CMO.
Unless otherwise authorised by the rider the CMO, the Medical Director, the FIM SBK Medical Director, the FIM Medical Director, the FIM Medical Officer and the Clinica Mobile and other members of the medical services, are not authorised to make statements to any third party, other than immediate relatives, about the condition of injured riders, without reference to and authorisation from the FIM and the promoter.

All doctors must adhere to their professional ethics and medical codes of practice at all times.

Appropriate medical services must be available continuously, from at least one hour before the start of the first practice for the event, until at least one hour after the last rider has finished.

However for FIM Circuit Racing WC GP and SBK events:

Appropriate medical services should be available continuously when teams and officials are present at the circuit and in the paddock, that is normally, from at least 08:00hrs on the Monday before the race until at least 20:00hrs on the Monday after the race. In any case the CMO will consult with the FIM Medical Officer before stopping any service provision at the medical centre.

Appropriate medical services are defined as follows:

- During all official track activity a fully functional medical services, including medical centre, ground posts, vehicles, helicopter and personnel in accordance with the circuit medical homologation.

- During the days with track activity as well as the day before it begins the Medical Centre must be fully staffed in accordance with the medical homologation from 08:00hrs or at least 1 hour before the track activity commences until 20:00hrs or at least three hours after the end of the last race or track activity.

- At all other times when there is no official track activity as above from 08:00hrs on the Monday before the event until 20:00hrs on the day after the event there must always be a doctor and a nurse/paramedic with an ambulance available at the Medical Centre.
At events where no one sleeps in the paddock overnight it may be permissible following consultation with the FIM Medical Director/Representative to not have any medical staff available from 20:00hrs to 08:00hrs.

The full Medical service available for FIM events must remain in place for any national or supporting races that occur during FIM events and that the FIM procedure in case of serious/fatal accidents must be followed. (Appendix U to be published at a later stage)

09.4.1 THE CHIEF MEDICAL OFFICER (CMO)

The CMO:

• Is a holder of the corresponding official’s licence; this licence is valid for a maximum term of three years (one year for the GP & SBK CMOs Superlicence) and shall be issued by the FIM.

• Is appointed by the FMNR/Organiser.

• Should be the same throughout the event.

• Must be able to communicate in at least one of the FIM official languages, either English or French.

• Should be familiar with the FIM Medical Code and FIM Anti-Doping Code.

• Must be named in the Supplementary Regulations/event information.

• Must be a fully registered medical practitioner authorised to practice in the relevant country or state in which the event is taking place.

• Must have malpractice insurance appropriate to the relevant country or state, where the event is being held.

• Must have attended and successfully completed an FIM CMO seminar in the past 3 years before the licence will be issued, (every year for the Superlicence of GP & SBK CMOs)

• Must be familiar with the circuit and the organisation of the medical services at which he/she is appointed.
• Must be familiar with the principles of emergency medical care and the associated organisational requirements necessary for a circuit medical service to deliver effective emergency medical interventions to injured riders in keeping with current accepted best practice.

• Is responsible for the positioning of medical and paramedical personnel and vehicles under his control.

• Must complete the FIM CIRCUIT CMO QUESTIONNAIRE (Appendix F) and return it to the FIM, Medical Director, FIM SBK Medical Director, FIM Medical Director and FIM Medical Officer at least 60 days prior to the event. Failure to comply with this deadline may result in sanctions being applied. The Circuit CMO Questionnaire must be accompanied by:
  - A medical plan and maps of the medical service including the position and number of all of the medical resources including all personnel and vehicles.
  - A plan of the circuit medical centre
  - A map showing the location, distances and routes to the designated hospitals.
  - A list of the doctors including a brief professional curriculum vitae of their experience and qualification relevant to the provision of out of hospital emergency medical care (only in Circuit Racing). For the other disciplines: a list of doctors with their speciality (see appendix T). This should be presented at the latest on the day before the event following the initial track safety inspection.

• No alterations to the questionnaire and associated medical plan and circuit map showing the position of the medical personnel and vehicles, are permitted without previous consultation with the Medical Director and/or FIM Medical Officer/FIM SBK Medical Director, FIM Medical Director and FIM Medical Representative.
• Must contact, in writing, at least 60 days before the event, hospitals in the vicinity of the event that are able to provide the following specialist services and include them in the questionnaire:

  - CT Scan
  - MRI
  - Trauma resuscitation
  - Neurosurgery
  - General surgery
  - Vascular surgery
  - Trauma and orthopaedic surgery
  - Cardio-thoracic surgery
  - Intensive care
  - Burns and plastic surgery

• Must send copies electronically to the FIM and Medical Director, FIM SBK Medical Director, FIM Medical Director, FIM Medical Officer at least 30 days before the event and have available at the event the letters they have written to the hospitals and copies of the letters of confirmation that every hospital to be used for treatment of injured persons is aware that the event is taking place and is prepared to accept and treat injured riders with minimum delay. The letter of confirmation of every hospital must mention its equipment (x-ray, scanner etc.) the name (and telephone numbers) of the doctor in charge for each day and a map showing the quickest route from the circuit to the hospital.

• Any change to the above mentioned information must be immediately forwarded to the FIM, Medical Director, FIM SBK Medical Director, FIM Medical Director and FIM Medical Officer.

• Should attend the meetings of the International Jury, Event Management Committee or Race Direction.

• Must attend the safety/track inspection together with the Clerk of the Course and the Race Director/Direction one day prior to the first practice session.

• Will collaborate with the Medical Director, FIM SBK Medical Director, FIM Medical Officer and FIM Medical Representative to organize a simulation of a medical intervention on track on the day prior to the first practice session.
• Must brief the medical personnel prior to the start of the first practice session of the event, as well as debrief the personnel after the event.
  - This briefing should include practical scenario-based examples of incident responses.
  - Compulsory scenario-based demonstration and training in the initial response to and management of an injured rider should take place on the day before the event and be attended by the CMO, Medical Director, FIM SBK Medical Director, FIM Medical Director, FIM Medical Officer and the FIM Medical Representative (only for Circuit Racing).

• To inspect the circuit with the Medical Director, FIM SBK Medical director, FIM Medical Officer, FIM Medical Director, Clerk of the Course and Race Director the day before the first practice session. A further check will be made no later than 30 minutes before the first practice session or race each day to ensure that all medical facilities and staff, including the Medical Centre are ready to function and in accordance with the agreed medical plan and the Medical Code, and to report any shortcomings to the Medical Director, FIM Medical Officer, FIM SBK Medical Director, FIM Medical Director, Race Director and FIM Safety Officer.

• When motorcycles are on the track the CMO:
  - must be stationed in Race Control
  - must be in close proximity to and liaise directly with the Medical Director (in MXGP), FIM SBK Medical Director, FIM Medical Officer (in GP), FIM Medical Representative, Clerk of the Course and Race Director
  - must be in direct communication with the medical ground posts, ambulances, medical vehicles and medical centre at all times, and test this communication at the start of each day before or during the medical inspection.
- provide immediate updates from trackside medical personnel to the Medical Director, FIM Medical Officer, FIM SBK Medical Director, FIM Medical Director and Race Direction regarding the condition of any injured rider in order to facilitate the most appropriate medical response to their condition.

- participate with the Medical Director (in MXGP), FIM SBK Medical Director, FIM Medical Officer (in GP) and Race Direction in the immediate deployment of appropriate medical resources to injured riders

• Must recommend to the Race Director/Clerk of the Course that a practice session or a race be stopped if:
  - There is danger to life or of further injury to a rider or officials attending an injured rider if other riders continue to circulate.
  - There is a risk of physiological harm to riders or of inability by riders to control their motorcycle, due to extreme weather conditions.
  - The Medical personnel are unable to reach or treat a rider for any reason.
  - If a rider is unconscious, or suspected of having a spinal or other serious injuries and will require prolonged trackside medical intervention. Such information must be communicated immediately to the CMO by ground post personnel.

• Must inform and update the Medical Director, FIM SBK Medical Director, FIM Medical Officer, FIM Medical Director, the Race Director/ Clerk of the Course regarding the condition of injured riders and liaise with the relevant hospitals to ascertain and report the progress of their condition and treatment.
- Will prepare a list of injured riders (Medically Unfit List) to be given to the Medical Director, FIM SBK Medical Director, **FIM Medical Director**, FIM Medical Officer and FIM Medical Representative.

- Shall ascertain that fallen riders during practice are medically fit to continue in competition. All riders injured during an event who refuse or avoid a Special Medical Examination must be placed on the Medically Unfit List.

- Will meet with the Medical Director and/or the FIM Medical Officer, FIM SBK Medical Director, **FIM Medical Director**, FIM Medical Representative every morning after the medical inspection, and every afternoon after the official activity has ended to discuss the medical interventions and the status of any injured riders. Evaluation of the interventions should include video of the performance of the medical activity. Such evaluation will then be included in and inform the subsequent briefing of the medical personnel by the CMO.

- Must ensure an interpreter in English is available in the hospital permanently when an injured rider is there.

- Must send the completed forms Appendices D and E electronically to the FIM by the day following the event. (The forms are available as Excel files from the FIM Administration).

- Must liaise with the Medical Director and/or FIM Medical Officer, FIM SBK Medical Director, **FIM Medical Director** and FIM Medical Representative during the year before the event to manage and improve the medical service in any way necessary and ensure the requirements of the FIM Medical Code are completely respected.
09.4.2 FIM WORLD CHAMPIONSHIPS & PRIZES REQUIRING A LICENSED CMO

A CMO, who must be a holder of the corresponding licence, is required for the following events/meetings:

- FIM Circuit Racing World Championship Grand Prix (Superlicence)
- FIM Superbike & Supersport World Championships (Superlicence)
- FIM Sidecar World Championship
- FIM Endurance World Championship; (24 hours races: 2 CMOs)
- FIM Motocross World Championship (MXGP, MX2, Women, Junior)
- FIM Motocross of Nations
- FIM Sidecar Motocross World Championship
- FIM SuperMoto S1GP World Championship
- FIM SuperMoto of Nations
- FIM Enduro World Championship
- FIM International Six Days’ Enduro
- FIM Speedway World Championship Grand Prix
- FIM Cross Country Rallies World Championship

09.4.3 MEDICAL DIRECTOR (GP)

The Medical Director will be appointed by the contractual partner.

In FIM Circuit Racing WC GP his duties shall be:

- The CMO’s point of reference for all medical aspects during the week of the race, as well as the months before during its preparation in collaboration with the FIM Medical Officer.

- To ensure that all aspects of the medical service including the local medical service, the Clinica Mobile and the FIM Medical Intervention Team are to the required standards.

- To be able to communicate at all times with all elements of the medical service in order to be fully informed of any medical issues.
• To inspect the circuit with the CMO, FIM Medical Officer, Clerk of the Course and Race Director the day before the first practice session. A further check will be made no later than 30 minutes before the first practice session or race each day to ensure that all medical facilities and staff including the Medical Centre are ready to function and in accordance with the agreed medical plan and the Medical Code, and to report any shortcomings to the CMO, FIM Medical Officer, Race Director and FIM Safety Officer.

• To receive from the CMO a signed copy of the FIM Circuit Medical Report Form and the medical plan as agreed during the FIM Medical Homologation and to ensure that the facilities comply with it.

• To ensure in collaboration with the FIM Medical Officer and CMO that all necessary steps are taken to address any deficiencies in the medical plan or performance of the medical responses.

• To inform the Race Director in consultation with the FIM Medical Officer and CMO of any situations where it may be necessary to stop the event in order to deploy the medical intervention vehicles.

• To in conjunction with the FIM Medical Officer and CMO ensure that the intervention in the event of an injured rider is adequate, timely and appropriate.

• To participate as necessary with the CMO and the FIM Medical Officer in decisions regarding riders who have been injured and who wish to compete and there is uncertainty as to their medical fitness to do so.

• To assist the FIM Medical Officer in ensuring the requirements of the FIM Medical code are met.

• To meet with the CMO and the FIM Medical Officer every morning after the medical inspection, and every afternoon after the official activity has ended to discuss the medical interventions and the status of any injured riders. Evaluation of the interventions should include video of the performance of the medical activity. Such evaluation will then be included in and inform the subsequent briefing of the medical personnel by the CMO.
• To visit the designated hospital for a first event or if there is a change in
the designated hospital to ensure the services provided are in accordance
with the FIM Medical Code.

• Must liaise with the FIM Medical Officer and CMO during the year before
the event to manage and improve the medical service in any way
necessary and ensure the requirements of the FIM Medical Code are
completely respected.

09.4.4 FIM SBK MEDICAL DIRECTOR

The FIM SBK Medical Director will be a member of the FIM Medical
Commission appointed by the FIM in consultation with the Contractual
Partner.

The duties of the FIM SBK Director shall be:

• The CMO’s point of reference for all medical aspects during the week of
the race, as well as the months before during its preparation.

• To ensure that all aspects of the medical service including the local
medical service, the Clinica Mobile are to the required standards.

• To be able to communicate at all times with all elements of the medical
service in order to be fully informed of any medical issues.

• To inspect the circuit with the CMO, Clerk of the Course and Race
Director the day before the first practice session. A further check will
be made no later than 30 minutes before the first practice session or
race each day to ensure that all medical facilities and staff including
the Medical Centre are ready to function are in accordance with
the agreed medical plan and the Medical Code, and to report any
shortcomings to the CMO, Race Director, FIM Safety Officer, and FIM
Medical Representative.

• To receive from the CMO a signed copy of FIM Circuit Medical Report Form,
and the medical plan as agreed during the FIM Medical Homologation
and to ensure that the facilities comply with it.
• To ensure in collaboration with the FIM Medical Representative and CMO that all necessary steps are taken to address any deficiencies in the medical plan or performance of the medical responses.

• To be present in Race Control when motorcycles are on the track to observe the performance of the medical responses and to direct and advise the CMO and Race Direction accordingly.

• To inform the Race Director in consultation with the CMO of any situations where it may be necessary to stop the event in order to deploy the medical intervention vehicles.

• To ensure in conjunction with the CMO that the intervention in the event of an injured rider is adequate, timely and appropriate.

• To participate as necessary with the CMO and the FIM Medical Representative in decisions regarding riders who have been injured and who wish to compete and there is uncertainty as to their medical fitness to do so.

• To attend Event Management Committee meetings.

• To assist the FIM Medical Representative in ensuring the requirements of the FIM Medical code are met.

• To obtain from the CMO at the end of each practice session or race a list of fallen riders and to ensure that the list of medically unfit riders held by the CMO is up to date to ensure medically unfit riders are not allowed on the circuit.

• To meet with the CMO every morning after the medical inspection, and every afternoon after the official activity has ended to discuss the medical interventions and the status of any injured riders. Evaluation of the interventions should include video of the performance of the medical activity. Such evaluation will then be included in and inform the subsequent briefing of the medical personnel by the CMO.

• To visit the designated hospital for a first event or if there is a change in the designated hospital to ensure the services provided are in accordance with the FIM Medical Code.
• To receive from the CMO the List of Medically Unfit riders and forward it to the CMO of the next event.

• To provide a full written report to the FIM regarding the performance of the medical service and the status of the medical homologation with if necessary any recommendations required for improvement.

• Must liaise with CMO during the year before the event to manage and improve the medical service in any way necessary and ensure the requirements of the FIM Medical Code are completely respected.

09.4.5 FIM MEDICAL OFFICER (GP)

The FIM Medical Officer at an event will be a member of the FIM Medical Commission.

The duties of the FIM Medical Officer will be:

• The CMO’s point of reference for all medical aspects during the week of the race, as well as the months before during its preparation in collaboration with the Medical Director.

• To represent and be responsible to the FIM and the FIM International Medical Commission.

• To undertake as required medical inspections for the FIM Medical Homologation of the circuit and to make relevant recommendations accordingly.

• To visit the designated hospital for a first event or if there is a change in the designated hospital to ensure the services provided are in accordance with the FIM Medical Code.

• To receive and review the CMO Medical Questionnaire in advance of the event to confirm it is in compliance with the FIM Medical Homologation and the FIM Medical Code.

• To ensure the medical service provision is in accordance with the requirements of the FIM Medical Code.
• To inspect the circuit with the CMO, Medical Director, Clerk of the Course and Race Director the day before the first practice session. A further check will be made no later than 30 minutes before the first practice session or race each day to ensure that all medical facilities and staff including the Medical Centre are ready to function and in accordance with the agreed medical plan and the Medical Code, and to report any shortcomings to the CMO, Medical Director, Race Director and FIM Safety Officer.

• To be present in Race Control when motorcycles are on the track to observe the performance of the medical responses and to direct and advise the CMO and Race Direction accordingly.

• To liaise with the CMO and the Clinica Mobile during medical interventions and when medical care is being provided to riders.

• To obtain from the CMO at the end of each practice session or race a list of fallen riders and to ensure that the list of medically unfit riders held by the CMO is up to date to ensure medically unfit riders are not allowed on the circuit.

• To be in direct communication with the members of the FIM Medical Intervention Team, as well as the drivers of these vehicles.

• To inform the Race Director in consultation with the CMO of any situations where it may be necessary to stop the event in order to deploy the medical intervention vehicles.

• To observe and advise the application of the FIM Medical Code and make recommendations accordingly.

• To inform the Chief Steward, the FIM Medical Commission, the Medical Director and if necessary the Race Direction of any medical arrangement that contravenes the FIM Medical Code.

• To participate with the Medical Director and CMO in the daily inspections of the track to ensure that medical facilities are in accordance with the agreed medical plan and Medical Code and to report any shortcomings to the Race Director, FIM Safety Officer, Medical Director and CMO as appropriate.
• To ensure in collaboration with the Medical Director and CMO the response of the medical service is fit for purpose and to the required standard on the track and in the medical centre through direct observation and in Race Control.

• To ensure in collaboration with the Medical Director and CMO that all necessary steps are taken to address any deficiencies in the medical plan or performance of the medical responses.

• To in conjunction with the Medical Director and CMO ensure that the intervention in the event of an injured rider is adequate, timely and appropriate.

• To assist the Medical Director and CMO in ensuring the medical service provision is to the required operational standard.

• To participate as necessary with the CMO and the Medical Director in decisions regarding riders who have been injured and who wish to compete and there is uncertainty as to their medical fitness to do so.

• To attend Event Management Committee meetings.

• Will meet with the CMO and Medical Director every morning after the medical inspection, and every afternoon after the official activity has ended to discuss the medical interventions and the status of any injured riders. Evaluation of the interventions should include video of the performance of the medical activity. Such evaluation will then be included in and inform the subsequent briefing of the medical personnel by the CMO.

• To provide a full written report to the FIM regarding the performance of the medical service and the status of the medical homologation with if necessary any recommendations required for improvement.

• To provide a full written report to the CMO with an evaluation of the Medical Service during the weekend. The report should include aspects requiring improvement prior to the next race and reflect good practice by the medical service during the event.
• To receive from the CMO the List of Medically Unfit riders and forward it to the CMO of the next event.

• Must liaise with the Medical Director and CMO during the year before the event to manage and improve the medical service in any way necessary and ensure the requirements of the FIM Medical Code are completely respected.

09.4.6 FIM MEDICAL REPRESENTATIVE

The FIM Medical Representative at an event will be a member of the FIM Medical Commission.

The duties of the FIM Medical Representative will be:

• To represent and be responsible to the FIM and the FIM International Medical Commission.

• To inspect the circuit with the CMO, Medical Director, Clerk of the Course and Race Director the day before the first practice session. A further check will be made no later than 30 minutes before the first practice session or race each day to ensure that all medical facilities and staff including the Medical Centre are ready to function and in accordance with the agreed medical plan and the Medical Code, and to report any shortcomings to the CMO, Medical Director, Race Director and FIM Safety Officer.

• To visit the designated hospital for a first event or if there is a change in the designated hospital to ensure the services provided are in accordance with the FIM Medical Code.

• To receive and review the CMO Medical Questionnaire in advance of the event to confirm it is in compliance with the FIM Medical Homologation and the FIM Medical Code.

• To ensure the medical service provision is in accordance with the requirements of the FIM Medical Code.

• To observe and advise the application of the FIM Medical Code and make recommendations accordingly.
• To inform the Chief Steward, the International Jury, the FIM Medical Commission, the Medical Director, and if necessary the Race Direction of any medical arrangement that contravenes the FIM Medical Code.

• To participate with the Medical Director, and CMO in the daily inspections of the track to ensure that medical facilities are in accordance with the agreed medical plan and Medical Code and to report any shortcomings to the Race Director, FIM Safety Officer, Medical Director and CMO as appropriate.

• To ensure in collaboration with the Medical Director and CMO the response of the medical service is fit for purpose and to the required standard on the track and in the medical centre through direct observation and in Race Control.

• To ensure in collaboration with the Medical Director and CMO that all necessary steps are taken to address any deficiencies in the medical plan or performance of the medical responses.

• To in conjunction with the Medical Director and CMO ensure that the intervention in the event of an injured rider is adequate, timely and appropriate.

• To assist the Medical Director and the CMO in ensuring the medical service provision is to the required operational standard.

• To participate as necessary with the CMO and the Medical Director in decisions regarding riders who have been injured and who wish to compete and there is uncertainty as to their medical fitness to do so. In the event of a failure to reach a consensus, the FIM Medical Representative when present will be the final arbiter.

• To attend Event Management Committee, and International Jury meetings.

• To provide a full written report to the FIM regarding the performance of the medical service and the status of the medical homologation with if necessary any recommendations required for improvement.

See also Article 09.6
09.4.7 FIM MEDICAL DIRECTOR IN FIM MXGP & MX2 EVENTS

The FIM Medical Director at an event will be a member of the FIM Medical Commission and is appointed by the Director of the Medical Commission in consultation with the Director of the Motocross Commission.

Overall Role and Responsibilities

The duties of the FIM Medical Director at an MX event shall be:

- To receive from the CMO a signed copy of the Circuit CMO Questionnaire (appendix F) and to ensure that the facilities comply with it.

- To inspect the circuit with the CMO and Race Director the day before the first practice session. A further check will be made no later than 30 minutes before the first practice session and at least 15 minutes before the start of subsequent session or race each day to ensure that all medical facilities and staff including the Medical Centre are ready to function and in accordance with the agreed medical plan and the Medical Code, and to report any shortcomings to the CMO, Race Director and FIM Delegate.

- To obtain from the CMO at the end of each practice session or race a list of injured competitors and to ensure that the list of unfit competitors established by the Medical Director is up to date to ensure unfit competitors are not allowed on the circuit.

- To attend serious incidents with the CMO or his nominated deputy and render such assistance as may be necessary and to deal with any issues with the medical service around the circuit. A motorcycle or quad if possible should be provided to facilitate this.

- To observe the promptness and appropriateness of rescue actions and interventions during the event. Whenever possible the Medical Director should be able to watch each race on television with the Race Director to ensure maximum coverage and facilitate rapid decision making.

- To examine with CMO all competitors listed as injured (Unfit Competitors/ Riders List) who wish to compete and to assess and agree their fitness to do so.

- To attend meetings of the Race Direction.
To observe and advise regarding the appropriate application of the Medical Code.

To inform the Race Direction, and if necessary the FIM Medical Commission of any medical arrangement that contravenes the FIM Medical Code.

To advise regarding the fitness to compete, or otherwise, of an injured competitor.

Rules of engagement

The Medical Director will work in co-operation with the Race Director and FIM Delegate.

The Medical Director will report to the Race Director and FIM Delegate any necessary interventions regarding the medical service.

The Medical Director is the final arbiter in relation to medical issues at the event.

The Medical Director is independent of the promoter, the organizer and the teams.

The Medical Director is a member of the FIM International Medical Commission.

The Medical Director is responsible to the FIM.

The Medical Director is not responsible for the treatments of the medical service but will ensure that it is sufficient, appropriate and in accordance with the FIM Medical Code.

The Medical Director will report any concerns or deficiencies relating to the event medical service provision to the Race Director and FIM Delegate and present proposals to resolve such concerns.

In extreme circumstances the Medical Director may in collaboration with the Race Director propose to the Event Management to delay the practice sessions or races or in exceptional circumstances recommend its cancellation.

The CMO has the overall responsibility for the medical service.

In any case of uncertainty the Medical Director will contact the Director of the FIM Medical Commission or a medical colleague of the Bureau of the FIM Medical Commission.
- The Medical Director will send the list of fit and unfit riders to the Medical Commission Coordinator and other relevant officials for onward transmission to the CMO at the following event.

- The Medical Director will be provided with accident and injury statistics from each event and forward these to the CMI Coordinator for collation.

- The Medical Director will provide a report to the CMS & CMI Coordinators, CMI Director, CMS Director, Race Director and the Promoter following each event.

- The Medical Director is available for medical questions and advice for riders, teams and the Promoter and other and will liaise with the CMO and the local medical services on their behalf.

- The Medical Director will if necessary attend the hospital to ensure the prompt and appropriate treatment of riders and officials if required and to ascertain the arrangements for repatriation.

- The Medical Director will ensure that arrangements are in place to receive information and updates from the hospitals regarding the condition of injured riders.

- The Medical Director will provide advice regarding anti-doping requirements to the riders, their doctors, their teams and the CMO.

The overall aim of the Medical Director is to ensure that all participants are provided with rapid, appropriate and all necessary medical care of the highest standard at each event.

This list is not exhaustive and also includes any other duties that are required to ensure the safety and wellbeing of the participants and to ensure the event medical service is in accordance with the FIM Medical Code.

Other Duties, Roles and Responsibilities Before and During an Event.

Prior to the event the Medical Director must receive the CMO Questionnaire as required by and in accordance with the FIM Medical Code.
Any injured rider must first be seen and assessed by the official event medical service and CMO for emergency treatment and be declared fit or unfit to compete as appropriate. He may then attend any other doctor of his choice. If the CMO advises against this, the rider must sign a declaration that he is seeking other advice and treatment (Appendix G). If necessary the Medical Director is able to overrule the CMO.

Any rider, who, after treatment by a doctor not part of the event medical service, wishes to ride, must first obtain authorization for this from the CMO of the event or his deputy, who should consider any recommendation by the doctor treating him. A full report has to be given in writing to the Medical Director.

Friday

The following times may be subject to change

- 14:00 hours: meeting between CMO and Medical Director.
- 15:00 hours: participate in inspection of the track.
- 16:30 hours: hold final meeting and pre-briefing with CMO.
- 17:00 hours: attend organizers meeting.
- 17:30 hours: control of medically unfit riders.
- 18:00 hours: visit local hospitals (if necessary).
- To review the FIM Circuit Medical Report Form and ensure the medical service provision is in compliance (app. F.).
- To check Medical Centre, equipment, facilities and personnel.
- To check equipment of Ground Posts (radio communication, type of stretcher, cervical immobilization equipment etc.).
- To check types of ambulances and their equipment.
- To check anti-doping facilities.
- To check circuit and route maps and evacuation roads.
- To check “List of Medically Unfit Riders”.
- To remind CMO of requirements of FIM Medical Code.
- To confirm all arrangements with the hospitals are in place and confirmed.
- To report any shortcomings to the Race Director and FIM Officials.
- To be present at and participate in the meeting with organizer.
- To check the helicopter landing area.

**Saturday**

- Together with CMO attend briefing for medical personnel.
- Inspect the ground posts, ambulances and Medical Center at least 30 minutes before the start of the first session.
- If necessary brief CMO to make final changes on the track.
- Final checks made by Medical Director during practice.
- CMO to inform the Medical Director about any incidents and interventions at the track and in the Medical Center and any referrals to hospital.
- The Medical Director will join all Race Direction meetings during the day.
- To examine with CMO all riders listed as injured, who wish to compete to assess and advise regarding their medical fitness to do so.
- To obtain from the CMO at the end of each day a list of injured riders.
- To attend serious incidents with CMO.
- To receive copy of “List of Medically Unfit Riders” from CMO.
Sunday
- Together with CMO attend briefing for medical personnel.
- Inspect the ground posts, ambulances and Medical Center at least 30 minutes before the start of the first session.
- If necessary brief CMO to make final changes on the track.
- Final checks made by Medical Director during practice.
- CMO to inform the Medical Director about any incidents and interventions at the track and in the Medical Center and any referrals to hospital.
- The Medical Director will join all Race Direction meetings during the day.
- To examine with CMO all riders listed as injured, who wish to compete to assess and advise regarding their medical fitness to do so.
- To obtain from the CMO at the end of each day a list of injured riders.
- To attend serious incidents with CMO.
- To receive copy of “List of Medically Unfit Riders” from CMO.
- The Medical Director will receive a list of unfit riders during the final meeting of Race Direction from the CMO.
- The Medical Director will forward the “List of Unfit riders” to the FIM Secretariat and to other relevant FIM Officials for onward transmission to the CMO and Medical Director of the next event.
09.4.8  SPEEDWAY GRAND PRIX FIM MEDICAL DELEGATE - DUTIES

Beside their usual FIM duties (verification of the medical facilities, ambulances and anti-doping facilities at the stadium and hospital), the SGP Medical Delegate who is appointed by the FIM must:

- Attend all the Jury Meetings and wear FIM clothing.
- Work in close collaboration with the FMNR Medical staff during the practice and the competition inside the medical rooms or at medical points.
- Be present at all the riders briefings, MUST speak ENGLISH.
- Be the Anti-doping Site Coordinator if needed.
- Be available for the SGP riders anytime from the signing on until the validation of the results for any questions related to the medical / doping issues or health matters.
- Be present in the pits during the practice and race in order to be reachable by the riders or Medical delegates.
- Observe and advise the Medical Team (CMO) when there is a crash (Practice/Race).
- Observe and advise on the application of the Medical Code and STRC (red book), please refer to 079.8.1 and 079.8.2.
- If necessary, make a written report to the CMI director and the CCP director regarding the event visited, report on how he/she felt the local Medical staff handled the different situations, suggest future improvements to be made.

09.4.9  OTHER DOCTORS

Any injured rider must first be seen and assessed by the official event medical personnel for emergency treatment and be declared medically fit or unfit to compete as appropriate. He may then attend any other doctor of his choice. If the CMO advises against this, the rider must sign a declaration that he is seeking other advice and treatment (Appendix G).
Any rider, who, after treatment by a doctor not part of the event team, wishes to compete, must first obtain authorisation for this from the CMO of the event or his deputy, who should be provided with a report of any investigations or interventions and consider any recommendation by the doctor treating the rider.

09.4.10 MEDICAL INTERVENTION TEAM (GP)

In order to ensure the highest standard of immediate medical care to injured riders two vehicles type A (Medical Intervention Vehicles) with a professional driver will be provided by the promoter at all races. Their role will be the provision of immediate trackside medical assistance in the event of serious injury, until transfer to the medical centre or hospital. These vehicles must be in position for any session to start.

The personnel of these vehicles must be present the day before the start of the event for the track inspection as well as the scenario based demonstration and training. The personnel of these vehicles will be in direct communication with the CMO, Medical Director and/or FIM Medical Officer throughout the event.

09.4.10.1 FIM MEDICAL INTERVENTION TEAM PERSONNEL (GP)

Each FIM Medical intervention vehicle will have:

- A doctor with a FIM Medical Intervention Team doctor license, which will only be granted to doctors who:
  - are fully qualified, registered and licensed medical practitioners
  - have a specialist qualification in a relevant medical specialty such as anaesthetics (anaesthesiology), intensive care medicine, emergency medicine, pre-hospital emergency care, trauma medicine etc.
  - have a minimum of 5 years relevant specialist experience and training
  - have appropriate medical malpractice insurance for the country in which the event is taking place.
- can provide evidence of ongoing involvement in resuscitation and provision of emergency and acute care to patients with significant trauma in a hospital or out of hospital environment
- can provide evidence of ongoing professional development and training in the management of patients with polytrauma.
- can communicate in English.
- Have initially and successfully attended and completed a FIM Medical Intervention Team Licence Seminar and thereafter must participate in the Medical Intervention Simulation following the track inspection on the day prior to the first practice session of the event in which they will take part.

• A nurse or paramedic with a FIM Intervention Team License, which will only be granted to nurses or paramedics who:
  - are fully professionally qualified and registered.
  - have a specialist qualification in a relevant specialty such as anaesthetics (anaesthesiology), intensive care medicine, emergency medicine, pre-hospital emergency care, trauma medicine etc.
  - have a minimum of 5 years experience in a relevant speciality
  - have appropriate medical malpractice insurance for the country in which the event is taking place
  - can provide evidence of ongoing involvement in resuscitation and provision of emergency and acute care to patients with significant trauma in a hospital or out of hospital environment
  - can provide evidence of ongoing professional development and training in the management of patients with polytrauma.
  - can communicate in English
have initially and successfully attended and completed a FIM Medical Intervention Team License Seminar and thereafter must participate in the Medical Intervention Simulation following the track inspection on the day prior to the first practice session of the event in which they will take part.

09.4.10.2 DEPLOYMENT OF FIM MEDICAL INTERVENTION VEHICLES (GP)

The FIM Medical Intervention vehicles will be deployed by the Race Director when the race or practice session is interrupted following the display of the red flag on the recommendation of and in consultation with the CMO, FIM Medical Officer or Clerk of the Course.

When a rider is unconscious, or suspected of having a spinal or other serious injuries and will require prolonged trackside medical intervention such information must be immediately communicated by ground post personnel to the CMO who will immediately inform the Race Director that a red flag is required. Once the red flag has been established in a situation as described above the FIM Medical Intervention Vehicles will always be deployed by the Race Director.

When the FIM Medical Intervention Vehicles are deployed, the ground post staff will provide treatment without moving or transferring the rider. Once the FIM Medical Intervention Vehicles have arrived, the ground post staff will provide assistance to the FIM Medical Intervention Team.

09.4.11 CLINICA MOBILE

For many years the CLINICA MOBILE, and its personnel, has attended GP and SBK events and has gained a considerable reputation among riders and support personnel.

The CLINICA MOBILE has treatment facilities and its personnel have considerable experience in treating riders’ injuries and illnesses. Many riders prefer treatment by the CLINICA MOBILE personnel to treatment by others. The parties involved in the FIM Circuit Racing World Championship GP and SBK World Championships fully support the CLINICA MOBILE personnel and the CLINICA MOBILE will be in attendance at events with the full co-operation of event organisers and CMOs.
The CLINICA MOBILE personnel will treat those riders who wish to be treated by them only after they have been seen by the CMO or their nominated deputy. The CMO should declare riders medically fit or unfit as normal, after which they may go to the CLINICA MOBILE if they wish. The CLINICA MOBILE personnel will give a medical report to the CMO, Medical Director, FIM SBK Medical Director and FIM Medical Officer after assessment and treatment. A rider who has been declared medically unfit to compete, who after treatment by the CLINICA MOBILE personnel then wishes to race, must present himself back to the CMO for re-examination.

A rider who prefers treatment by the CLINICA MOBILE personnel when advised by the CMO otherwise is entitled to take his own course of action, but should sign a form indicating it was against local medical advice, (see Appendix G). If the rider decides he wishes to be treated in a hospital of his own choice, the CMO, using the means at his disposal at the circuit (ambulance, helicopter, etc.), must allow the rider to reach such hospital: i.e. the rider must be allowed to be transported by ambulance or helicopter from the circuit to the nearest airport.

One doctor from the CLINICA MOBILE will normally be present in the Medical Centre to observe when a rider is being assessed and treated. Similarly a doctor from the CLINICA MOBILE may, where feasible, accompany an injured rider to hospital.

09.4.12 CENTRE MEDICAL MOBILE

The CENTRE MEDICAL MOBILE and its personnel have attended Motocross events and have gained a considerable reputation over many years among riders and support staff.

The CENTRE MEDICAL MOBILE has X-Ray, ultrasound and treatment facilities. Its staff has considerable experience in treating riders’ injuries and illnesses. Many riders may prefer treatment by the CENTRE MEDICAL MOBILE staff to treatment by others.

The parties involved in the FIM MXGP & MX2 World Championships fully support the CENTRE MEDICAL MOBILE staff and the CENTRE MEDICAL MOBILE will be in attendance at events with the full co-operation of the FIM, event organisers and CMOs.
The CMO must declare riders medically fit or unfit. The CENTRE MEDICAL MOBILE staff will treat those riders who wish to be treated by them.

The CENTRE MEDICAL MOBILE staff will give a medical report to the CMO after assessment and treatment. A rider who has been declared medically unfit to race, who after treatment by the CENTRE MEDICAL MOBILE staff then wishes to compete, must present himself back to the CMO for re-examination.

09.4.13 QUALIFICATION OF MEDICAL PERSONNEL

09.4.13.1 QUALIFICATION OF DOCTORS

Any doctor participating at a motorcycle event who will provide initial medical interventions to an injured rider either at the trackside, in the Medical Centre or during transport to hospital:

• Must be a fully qualified and registered medical practitioner.
• Must be authorised to practice in the relevant country or state, (see also art. 09.4.1).
• Must be qualified in and able to carry out emergency treatment and resuscitation.

09.4.13.2 QUALIFICATION OF PARAMEDICS (OR EQUIVALENT)

Any paramedic (or equivalent) participating at a motorcycle event:

• Must be fully qualified and registered as required by the relevant country or state.
• Must be experienced in emergency care.

09.4.13.3 IDENTIFICATION OF MEDICAL PERSONNEL

All medical personnel must be clearly identified.

All doctors and paramedics must wear a garment clearly marked with “DOCTOR” or “DOCTEUR” and “MEDICAL” respectively, preferred in red on a white background on the back and on the front.
09.5 MEDICAL EQUIPMENT

09.5.1 VEHICLES

09.5.1.1 DEFINITION OF VEHICLES

Vehicles are defined as follows:

Type A: A vehicle for rapid intervention at accident areas to give the injured immediate assistance for respiratory and cardio-circulatory resuscitation. This vehicle should have “MEDICAL” clearly marked on it in large letters. The type of vehicle used should be appropriate for this purpose in the relevant discipline.

Type B: A highly specialised vehicle for the provision of advanced treatment, transport and can serve as a mobile resuscitation centre.

Type C: A vehicle capable of transporting an injured person on a stretcher in reasonable conditions.

09.5.1.2 EQUIPMENT FOR VEHICLE TYPE A (MEDICAL INTERVENTION VEHICLE)

Personnel:

Type A1:

- a driver, experienced in driving the Type A vehicle and familiar with the course
- a doctor, experienced in emergency care
- a second doctor or paramedic (or equivalent), experienced in emergency care

Type A2:

- a driver, experienced in driving the Type A vehicle and familiar with the course
- paramedics (or equivalent) experienced in emergency care
Medical equipment:

- Portable oxygen supply
- Manual ventilator
- Intubation equipment
- Suction equipment
- Intravenous infusion equipment
- Equipment to immobilise limbs and spine (including cervical spine)
- Sterile dressings
- ECG monitor and defibrillator
- Drugs for resuscitation and analgesia / IV fluids
- Sphygmanometer and stethoscope

Other equipment:

- A method e.g. protective canvas / tarpaulins in order to screen the rider or the accident scene from public view.

Equipment should be easily identified and stored in such a way that it can be used at ground level at the trackside.

Technical equipment:

- Radio communication with Race Control and the CMO
- Visible and audible signals
- Equipment to remove suits and helmets

For GP and SBK World Championships:

The minimum number of medical intervention vehicles is 2. In the case of an accident during the warm up lap or first lap of the race, the medical intervention vehicles should not stop unless instructed to do so by the Race Director.
09.5.1.3  FIM MEDICAL INTERVENTION TEAM (GP)

The promoter will provide type A vehicles with a professional driver, for which the local medical service will provide the personnel and equipment.

Personnel:

- a driver experienced in driving the vehicle will be provided by the promoter.
- a doctor experienced in resuscitation and the provision of immediate emergency care and a holder of the relevant FIM Medical Intervention Team Licence. Refer to 09.4.10.1 above.
- a nurse or paramedic experienced in resuscitation and the provision of immediate emergency care and a holder of the relevant FIM Medical Intervention Team Licence. Refer to 09.4.10.1 above.

Medical equipment:

- Portable oxygen supply
- Basic and Advanced Airway Management including intubation and surgical airway interventions
- Suction equipment
- Manual ventilator such as BVM and associated equipment
- Equipment for chest decompression
- Equipment for vascular access, infusion, circulatory support and haemorrhage control
- Cardiac Monitor and Defibrillator
- Blood pressure monitoring equipment
- Equipment to immobilise limbs and spine (including cervical spine)
- Sterile dressings
- Drugs for resuscitation, intubation, anaesthesia, sedation, analgesia and intravenous fluids
- Equipment to remove race suits and helmets
The provision of necessary medications and equipment will be the responsibility of the local medical service.

Only material necessary for the provision of medical care is permitted in FIM Medical Intervention Team vehicles. Other materials such as food etc. is not permitted at any time.

Equipment should be easily identified, portable and stored in such a way that it can be used at ground level at the trackside.

The equipment must be presented for review and familiarisation during the afternoon following the track safety inspection.

(See Appendix S for detailed list of medical equipment)

Technical equipment:

- Radio communication with Race Control, the CMO and Medical Director
- Visible and audible signals

**09.5.1.4  EQUIPMENT FOR VEHICLE TYPE B**

Personnel:

Type B1:
- A driver
- A doctor experienced in emergency care
- Paramedics or equivalent

Type B2:
- A driver
- Two paramedics or equivalent experienced in emergency care

Medical equipment:
- Portable oxygen supply
- Manual and an automatic ventilator
- Intubation equipment
- Suction equipment
- Intravenous infusion equipment
- Equipment to immobilise limbs and spine (including cervical spine)
- Sterile dressings
- Thoracic drainage / chest decompression equipment
- Tracheotomy / surgical airway equipment
- Sphygmomanometer and stethoscope
- Stretcher
- Scoop stretcher
- ECG monitor and defibrillator
- Pulse oximeter
- Drugs for resuscitation, analgesia and IV fluids

Technical equipment:
- Radio communication with Race Control and the CMO
- Visible and audible signals
- Equipment to remove suits and helmets
- Air conditioning and refrigerator are recommended

For FIM GP and SBK World Championships:
1 such ambulance must be on stand by at the medical centre.

09.5.1.5 EQUIPMENT FOR VEHICLE TYPE C

Personnel:
- Two ambulance personnel or paramedics of whom one would be the driver and the other would be a person capable of giving first aid

Medical equipment:
- Stretcher
- Oxygen supply
• Equipment to immobilise limbs and spine (including cervical spine)
• First aid medicaments and materials

Technical equipment:
• Radio communication with Race Control and the CMO
• Visible and audible signals

09.5.2 HELICOPTER

A helicopter, which is normally required, must be fully equipped with adequate personnel and equipment and be appropriately licensed for the relevant country and flown by an experienced pilot familiar with medical air evacuation and the potential landing sites. The medical personnel - doctor and paramedic(s) or equivalent - should be qualified in and able to carry out emergency treatment and resuscitation. The helicopter should be of a design and size that will allow continuing resuscitation of an injured rider during the journey. It should be positioned close to the Medical Centre such that an ambulance journey between Medical Centre and helicopter is not necessary (compulsory in FIM Circuit Racing GP, SBK World Championships, Endurance WC and ISDE) or depending on the legislation of the relevant country and the location of the event be available “on call”.
In FIM Circuit Racing GP, SBK WC and Endurance WC, it is permissible for the helicopter to leave the circuit to transfer an injured rider to hospital without the need to stop the event with the agreement of the Chief Medical Officer, Medical Director, FIM SBK Medical Director, FIM Medical Officer and Race Director providing that it will have returned to the circuit within the time required to prepare a further rider for transfer by helicopter. If the distance to hospital by air or severe weather does not permit this a further helicopter “on site” may be required. In these circumstances or if the weather conditions or other factors prevent the use of the helicopter after consultation between the CMO, Medical Director, FIM SBK Medical Director, FIM Medical Officer and FIM Medical Representative further transfers may be undertaken by road by emergency ambulance providing the hospital is in reasonable distance. The designated hospital should normally be within 20 minutes by air and 45 minutes by road. If the hospital is not within a reasonable distance of the event and transfer by helicopter is not possible, consideration should be given to stopping the event. To ensure the availability of a helicopter at all times during the event, it is recommended that 2 helicopters be available.

At some events and disciplines, such as cross country rallies a helicopter can be used as a type A vehicle in which case the numbers should be sufficient to provide assistance with the minimum of delay.

09.5.3 MEDICAL GROUND POSTS

These are placed at suitable locations and in sufficient numbers around the circuit to provide rapid medical intervention and if appropriate evacuation of the rider from danger with the minimum of delay. The personnel must have sufficient training and experience to take action autonomously and immediately in case of an accident.

For protection of riders and the ground post staff, the ground post should be equipped with easily movable safety barriers and if possible protective canvas / tarpaulins in order to screen the rider or the accident scene from public view.
Personnel:
- There should be a minimum of three personnel at each medical ground post at least one of which should be a doctor or paramedic or equivalent experienced in emergency care with the others to assist them, carry equipment and act as stretcher bearers.

Type GP1:
- A doctor experienced in resuscitation and the pre-hospital management of trauma and
- First aiders or stretcher bearers

Type GP2:
- At least one paramedic or equivalent experienced in resuscitation and the pre-hospital management of trauma and
- Two first aiders or stretcher bearers

Medical equipment: for all disciplines
- Equipment for initiating resuscitation and emergency treatment including:
  - Initial airway management
  - Ventilatory support
  - Haemorrhage control & circulatory support
  - Cervical collar
  - Extrication device - This should be a Scoop stretcher or if not available a spinal board or equivalent.
  - Devices such as “NATO” or other canvas stretchers that require the rider to be lifted on to them are no longer acceptable.

Technical Equipment: for all disciplines
- Radio communication with Race Control and the CMO
- Adequate shelter for staff and equipment should be available.
09.5.3.1 PIT LANE GROUND POST (CIRCUIT RACING ONLY)

Personnel:

- A doctor and paramedic (or equivalent) experienced in emergency care must be positioned in the pit lane.
- One or more pit lane ground posts, depending on the length of the pit lane are required.

Medical equipment:

- Airway management and intubation equipment
- Drugs for resuscitation and analgesia/ IV fluids
- Cervical collars
- Manual respiration system
- Intravenous infusion equipment
- First aid equipment
- Scoop stretcher or if not available a spinal board or equivalent

Technical equipment:

- Radio communication with Race Control and the CMO

09.5.4 MEDICAL CENTRE

Depending on the discipline, event and location, a medical centre should be available.

This may be a permanent (compulsory at Circuit Racing) or temporary structure with adequate space to treat injured riders for both major and minor injuries.

A hospital outside the circuit is not an alternative to the medical centre at an event.

For Circuit Racing WC events, please refer to Art. 13.3 of the FIM Standards for Circuit Racing (SRC).
09.5.4.1 THE MEDICAL CENTRE FACILITIES & EQUIPMENT

Depending on the discipline, event and location, the medical centre should provide:

- A secure environment from which the media and public can be excluded
- An area for easy access, parking and exit of First Aid vehicles, preferably with a covered unloading area
- A helicopter landing area nearby
- One or two rooms large enough to allow resuscitation of at least two severely injured riders simultaneously (resuscitation area)
- A permanent or portable digital X-ray machine, appropriate to detect usual bone injuries encountered in motorcycle sport, must be available at Circuit Racing World Championship events (GP, SBK and Endurance) and is recommended for all other events provided it is not prohibited by national legislation.
- A room large enough to treat more than one rider with minor injuries simultaneously. It is advisable to have temporary separation available in this area, e.g. curtains or screens
- A reception and waiting area
- A doctor’s room
- A toilet and shower room with disabled access
- A personnel changing room with male and female toilets
- A medical personnel room for a minimum of 12 persons
- Radio communication with Race Control, the CMO, ambulances and ground posts
- If the medical centre has a normal electric power supply, it must also be permanently connected to its own U.P.S. (Uninterruptible Power Supply)
- A water supply, heating, air-conditioning and sanitation appropriate to the country
- Closed circuit TV monitor
• Office facilities
• A dirty utility room
• Equipment storage
• A security fence
• Telephones
• A security guard
• Parking for ambulances

09.5.4.2 ROOM REQUIREMENTS
• 1 resuscitation room
  or
• 2 resuscitation rooms with a separate entrance away from the general public entrance
• Minor treatment room
• X-ray room
• Medical personnel room
• Wide corridors and doors to move patients on trolleys

Sample drawings of medical centre models (Appendices I and J) are available from the FIM Executive Secretariat for reference.

09.5.4.3 EQUIPMENT FOR RESUSCITATION AREAS
• Equipment for endotracheal intubation, tracheotomy and ventilatory support, including suction, oxygen and anaesthetic agents
• Equipment for intravenous access including cut-down and central venous cannulation and fluids including colloid plasma expanders and crystalloid solutions
• Intercostal drainage equipment and sufficient surgical instruments to perform an emergency thoracotomy to control haemorrhage.
• Equipment for cardiac monitoring and resuscitation, including blood pressure and ECG monitors and a defibrillator
• Equipment for immobilising the spine at all levels
• Equipment for the splinting of limb fractures
• Drugs/ IV fluids including analgesic, sedating agents, anticonvulsants, paralysing and anaesthetic agents, cardiac resuscitation drugs/ IV fluids
• Tetanus toxoid and broad spectrum antibiotics are recommended
• Equipment for diagnostic ultrasound
• A permanent or portable digital X-ray machine, appropriate to detect usual bone fractures in motorcycle sport, must be available at World Championship Circuit Racing events (GP, SBK and Endurance) and is recommended for all other events provided it is not prohibited by national legislation.

09.5.4.4 EQUIPMENT FOR MINOR INJURIES AREA

The area must have beds, dressings, suture equipment and fluids sufficient to treat up to three riders with minor injuries simultaneously. Sufficient stocks to replenish the area during the event must be available and sufficient doctors, nurses and paramedics or equivalent experienced in treating trauma must be available.

09.5.4.5 STAFF OF MEDICAL CENTRE

The following specialists should be immediately available in the medical centre at World Championship Circuit Racing events (GP and SBK) and are recommended for all other events:

• Trauma resuscitation specialist (e.g. Anaesthetist, Accident and emergency specialist, Intensive care specialist);
• Surgeon experienced in trauma.
Medical personnel, nurses and paramedics (or equivalent) should be present in a sufficient number and should be experienced in resuscitation, diagnosis and treatment of seriously injured patients.

09.5.4.6 DOPING TEST FACILITIES

See Anti-Doping Code, art. 5.9.10 or 13.3.2.3 of the Standards for Circuit Racing.

09.6 MEDICAL HOMOLOGATION OF CIRCUITS (ONLY CIRCUIT RACING GP / SBK / ENDURANCE / SIDECAR AND MXGP / MX2 / MOTOCROSS OF NATIONS) / MEDICAL INSPECTION OF EVENTS

Circuits at which Circuits Racing FIM GP & SBK World Championships, FIM Endurance, FIM MXGP, FIM MXoN, FIM Speedway GP WC events take place require medical inspection and homologation in order to hold FIM World Championship events.

Circuits in other FIM World Championship events may be medically inspected and homologated upon decision and request of the FIM CMI and/or related FIM Sport Commissions.

The specific requirement for each circuit will be decided by the Inspector appointed by the FIM CMI in collaboration with the Circuit CMO, who has to be present, according to the requirements of the championships’ organisers/promoters and with reference to the FIM Medical Code. A medical inspection report will be issued by the FIM Medical Inspector.

Sample drawings of Medical Centre models (appendices I and J) are available from the FIM Administration for reference.

The FIM also reserves the right to review such a homologation at any time. For details of the procedure, see appendix Q.
In those disciplines where a FIM Medical Director/Officer/Representative is normally present (currently FIM Circuit Racing GP, SBK, Endurance, MXGP, MXoN and SGP WC) the medical homologation is an integral part of the overall circuit inspection and homologation and will be undertaken jointly with the relevant sporting commission representatives.

For all other events at which a FIM Medical Representative is not normally present the FMNR must ensure that the CMO Questionnaire and medical plan are provided to the FIM at least 60 days prior to the event for consideration by a relevant member of the FIM Medical Commission who will provide advice concerning the proposed medical facilities for the event.

09.6.1 GRADING OF CIRCUIT INSPECTIONS AND HOMOLOGATIONS FOR GP / SBK / ENDURANCE / MXGP / MXON / SGP

The medical inspection and homologation will be graded as follows:

A: 1 year

A medical inspection and medical homologation report will be issued.

B: Further improvements to the medical service are required and a further medical inspection is compulsory the following year.

Medical inspection may be required prior to next event

In the event of two successive inspections resulting in grade B, the circuit will automatically be downgraded to grade C as defined below.

C: The medical service provision does not comply with the requirements of the FIM Medical Code and further medical inspections are compulsory prior to any FIM event taking place.

Further medical inspection is required before any FIM event can take place until the circuit obtains at least a grade B.
09.6.2 GRADING OF INSPECTION AND HOMOLOGATIONS OF EVENTS FOR ALL FIM WC EVENTS (EXCEPT FIM GP / SBK / ENDURANCE / MXGP / MXoN / SGP)

The medical inspection and homologation will be graded as follows:

A: 3 years

A medical inspection and homologation report will be issued.

B: Further improvements to the medical service are required and a further medical inspection may be carried out at the following year.

Medical inspection may be carried out before the next event.

In the event of two successive inspections resulting in grade B, the circuit will automatically be downgraded to grade C as defined below.

C: The medical service provision does not comply with the requirements of the FIM Medical Code and further medical inspections are compulsory prior to any FIM event taking place.

Further medical inspection is required before any FIM event can take place until the circuit obtains at least a grade B.

09.7 MINIMUM MEDICAL REQUIREMENTS FOR EVENTS

The medical service comprising of equipment, vehicles and personnel must be organised in such a way and in sufficient number to ensure that an injured rider can be provided with appropriate and all necessary emergency treatment with the minimum of delay and to facilitate their rapid transfer to further medical treatment in an appropriately equipped medical centre or definitive medical care in a hospital with the necessary facilities to deal with their injuries or illness should this be required.

The CMO will therefore determine the number, location and type of vehicles, helicopter, equipment and personnel that are required to achieve this for a specific event taking into consideration the circuit and event location.
The minimum medical requirements will be subject to confirmation and agreement following inspection and review by the FIM Medical Representative / Medical Director / FIM SBK Medical Director / FIM Medical Officer).

A doctor or doctors must be available to provide initial medical intervention directly or following initial assessment and treatment by the paramedic teams.

In all cases the medical equipment and personnel must be capable of providing treatment for both serious and minor injuries in optimal conditions and with consideration for climatic conditions.

In all cases, the transfer of an injured rider to a medical centre or hospital either by ambulance or by helicopter must not interfere with the event and the CMO must plan to have sufficient replacement equipment and personnel available to allow the event to continue.

The following are recommended minimum requirements for the medical services at various events and disciplines subject to the above requirements:

09.7.1 CIRCUIT RACING

- Vehicles type A (number and position as per the FIM medical homologation) are to be placed in such a way and in such numbers that a fallen rider can be reached by them within the minimum of delay from their deployment by Race Control.

- In GP: two FIM Medical Intervention vehicles (type A) will be provided by the promoter and must be placed in such a way that a fallen rider can be reached by them with the minimum of delay from their deployment by Race Control. One should be located at the end of pit lane, and will serve as a medical car during the first lap of the races. The second should be located in the service road with an asphalt entry to the track, at approximately half the track’s distance.
• Vehicle(s) type B (number and position as per the FIM Medical Homologation) are to be placed in such a way that a fallen rider can be reached and transported with minimum delay after coming to rest with ongoing treatment being provided during transport.

• Vehicle(s) type C (number and position as per the FIM Medical Homologation) are to be placed in such a way that a fallen rider can be transported with minimum delay after coming to rest only if no treatment is required.

• Medical Ground posts (number and position as per FIM Medical Homologation) are to be placed in such a way that a fallen rider can be reached and initial assessment and treatment commenced with the minimum of delay.

• Pit lane ground post

• A medical centre

• A helicopter, if required (compulsory for FIM GP & SBK and Endurance)

N.B. the only amendment permitted to this in principle is that a vehicle type C may be replaced by a vehicle type B.

09.7.2 HILL CLIMBS

• 1 vehicle type A if the course can be covered by the medical vehicles in less than three minutes. If the entire course cannot be covered by the medical vehicles in less than three minutes then more vehicles type A, one placed at the start and others placed at suitable intervals, are required.

• 1 vehicle type B
09.7.3 DRAG RACING
• 1 vehicle type B

09.7.4 ROAD RACING RALLIES
• 1 Vehicle type A
• 1 Vehicle type B
• 1 Vehicle type C

09.7.5 MOTOCROSS
• 1 vehicle type A
• 2 vehicles type B
• Ground posts
• A route to evacuate the injured rider from the inside to the outside of the track, via a road, a tunnel or a bridge to avoid the need to cross the track during racing
• A helicopter is recommended but in certain circumstances may be compulsory
• A medical centre is recommended but compulsory in FIM MXGP/MX2 WC and MXoN.

09.7.6 SUPERCROSS, SUPERMOTO AND SNOWCROSS
• 1 vehicle type A recommended for Supercross
• 2 vehicles type B
• Ground posts

09.7.7 MOTOCROSS FREESTYLE
• 1 vehicle type B
• 1 vehicle type C

09.7.8 MOTOBALL
• 1 vehicle type B
09.7.9  TRACK RACING  
• 2 type B1 vehicles (highly specialised vehicle for the provision of advanced treatment, transport and can serve as a mobile resuscitation centre).
• 1 medical room for minor treatment, observation, examination and assessment of a rider

09.7.10  TRIAL  
• 1 vehicle type A
• 1 vehicle type C

N.B. If there is a considerable distance between the sections, there should be additional doctors with adequate emergency equipment.

09.7.11  X-TRIAL  
• 1 vehicle type B and/ or an equivalent medical centre with the appropriate personnel
• 1 vehicle type C

09.7.12  ENDURO  
• Vehicles type A placed at specifically difficult points
• 1 vehicle type B
• Vehicle(s) type C, placed at appropriate points in the course
• A medical centre and a helicopter with a winch is compulsory for an ISDE event
• For Special tests and Motocross tests in Enduro, when the riders start simultaneously from a grid, the requirements are the same for Motocross events.
• For Special tests and Motocross tests, when the riders start individually, the requirements are as described for Enduro as above.
09.7.13 CROSS-COUNTRY RALLIES & BAJAS

1. The presence of at least one helicopter equipped with a stretcher and resuscitation equipment for a special race of up to 350 kilometres, and two helicopters for two close special races when they exceed 350 kilometres combined, equipped with evacuation equipment and used solely for medical assistance is compulsory. The helicopter must be equipped with a winch if necessary depending on the terrain. In this helicopter, the presence of a doctor for resuscitation is required. This helicopter will be in addition to ground equipment (Medical intervention vehicles). It must be in permanent radio HF contact with the Clerk of the Course or a check-point organisation (radio, standard C, standard M etc.).

2. A Medical intervention vehicle with one doctor and one paramedic (or equivalent) experienced in driving an all-terrain vehicle in permanent radio contact with the Clerk of the Course or with a check-point organisation must be provided for special races at the following points:
   - start,
   - start of the selective sector,
   - every 100 kilometres,
   - finish of the selective sector,
   - and at the camp site.

09.7.14 INDOOR ENDOURO

- 1 vehicle type A
- 1 vehicle type B
- 1 vehicle type C
### 09.7.6 Minimum Medical Requirements

<table>
<thead>
<tr>
<th>Equipment</th>
<th>Road Racing</th>
<th>Hill climbs</th>
<th>Drag Racing</th>
<th>Road Racing Rallies</th>
<th>Motocross</th>
<th>Supercross</th>
<th>SuperMoto</th>
<th>SnowCross</th>
<th>Motocross FreeStyle</th>
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<tbody>
<tr>
<td>Vehicle Type A</td>
<td>X</td>
<td>X (art. 09.7.2)</td>
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<td>1</td>
<td>1</td>
<td>recommended</td>
<td>Supercross</td>
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<td>1</td>
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<td>2</td>
<td>2</td>
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<tr>
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<td>Evacuation Route</td>
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<td></td>
<td></td>
<td>X</td>
<td>X</td>
<td></td>
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<tr>
<td>Ground Post</td>
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<tr>
<td>Medical centre</td>
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<td></td>
<td></td>
<td></td>
<td>compulsory (Compulsory in MXGP-MX2)</td>
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<tr>
<td>Helicopter</td>
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<td>v. art. 09.5.2</td>
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### Road Racing s. art. 09.7.6.1

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<thead>
<tr>
<th></th>
<th>Motoball</th>
<th>Track racing</th>
<th>Trial</th>
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<th>Enduro</th>
<th>Cross-Country Rallies&amp;Bajas</th>
<th>Indoor Enduro</th>
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<td>X à des points particulièrement difficiles (v. art. 09.7.12)</td>
<td>X 1 médecin 1 personne du paramédical (ou équivalent)</td>
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<td>X (v. art. 09.7.12)</td>
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</tr>
<tr>
<td>Vehicle Type C</td>
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<td>1</td>
<td></td>
<td>X (v. art. 09.7.12)</td>
<td></td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Pit lane ground post</td>
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</tr>
<tr>
<td>Ground Post</td>
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<td></td>
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</tr>
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<td>Medical Centre</td>
<td>1 (medical room)</td>
<td>v. art. 09.7.11</td>
<td>only ISDE</td>
<td>only ISDE</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Helicopter</td>
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<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Doctors</td>
<td></td>
<td></td>
<td>2</td>
<td>v. art. 09.7.10</td>
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</tbody>
</table>

X= number as per medical homologation / per layout or length of the track
09.7.15 MAINTENANCE OF MEDICAL COVER AT EVENT

If at any time the minimum number of vehicles and/or doctors is not present, e.g. during the evacuation of a rider to a hospital or at the start of the event, the event must be stopped until the minimum number is available.

09.8 PROCEDURE IN THE EVENT OF AN INJURED RIDER

09.8.1 FIM CIRCUIT RACING WC GP

The management of an injured rider is under the control of the CMO and should be the following:

A fallen rider must be reached by a doctor or paramedic who can begin treatment with the minimum of delay of the rider coming to rest. If the rider is injured, the CMO must be informed by radio so that further procedures can be initiated.

The CMO must be stationed in Race Control with the Medical Director and/or FIM Medical Officer, with access to closed circuit television to monitor the situation. Upon request by the CMO any medical vehicle can be dispatched to the scene of the incident, only the Race Director can authorize entry onto, or response via track. Similarly, interruption or cessation of racing or practice session can only be authorized by the Race Director. It is the responsibility of the CMO, Medical Director and FIM Medical Officer to advise the Race Director of incidences where access to a fallen rider(s) necessitates this.

Response codes are:

Code 0 No medical intervention required

Confirmation by radio and CCTV to CMO and FIM Medical Officer that no medical intervention required

Rider gets up unassisted
Code 1  Short rescue

Confirmation by radio and CCTV to CMO and FIM Medical Officer and that:

Rider able to walk with assistance

Rider will be cleared from track in less than 1 minute

Code 2  Long rescue

Confirmation by radio and CCTV to CMO and FIM Medical Officer that the rider is conscious and no spinal injury is suspected

Rider can be safely evacuated by scoop stretcher or spinal board

Rider will be cleared from track in less than 2 minutes and transferred directly to the medical centre.

Code 3  Prolonged rescue

Confirmation by radio and CCTV to CMO and FIM Medical Officer that the rider(s) is (are) unconscious, a spinal injury is suspected or the rider is otherwise seriously injured

Rider requires immobilisation and/or stabilisation before being moved

Rescue will take longer than 3 minutes

Medical intervention required on track

In GP FIM Medical Intervention Team & vehicles will be deployed in which case the rider(s) should not be moved or transferred until their arrival. (See Art. 09.4.10.2)
09.8.2 FIM SBK WORLD CHAMPIONSHIP

The management of an injured rider is under the control of the CMO and should be the following:

A fallen rider must be reached by a doctor or paramedic who can begin treatment with the minimum of delay of the rider coming to rest. If the rider is injured, the CMO must be informed by radio so that further procedures can be initiated.

The CMO must be stationed in Race Control with the FIM SBK Medical Director with access to closed circuit television to monitor the situation. Upon request by the CMO any medical vehicle can be dispatched to the scene of the incident, only the Race Director can authorize entry onto, or response via track. Similarly, interruption or cessation of racing or practice session can only be authorized by the Race Director. It is the responsibility of the CMO and FIM SBK Medical Director to advise the Race Director of incidences where access to a fallen rider(s) necessitates this.

Response codes are:

Code 0  No medical intervention required

Confirmation by radio and CCTV to CMO and FIM SBK Medical Director that no medical intervention required

   Rider gets up unassisted

Code 1  Short rescue

Confirmation by radio and CCTV to CMO and FIM SBK Medical Director and that:

   Rider able to walk with assistance

   Rider will be cleared from track in less than 1 minute
Code 2  Long rescue

 Confirmation by radio and CCTV to CMO and FIM SBK Medical Director that the rider is conscious and no spinal injury is suspected
 Rider can be safely evacuated by scoop stretcher or spinal board
 Rider will be cleared from track in less than 2 minutes and transferred directly to the medical centre.

Code 3  Prolonged rescue

 Confirmation by radio and CCTV to CMO and FIM SBK Medical Director that the rider(s) is (are) unconscious, a spinal injury is suspected or the rider is otherwise seriously injured
 Rider requires immobilisation and/or stabilisation before being moved
 Rescue will take longer than 3 minutes
 Medical intervention required on track

09.8.3  FIM MXGP (RECOMMENDED FOR ALL OTHER DISCIPLINES)

The management of an injured rider is under the control of the CMO and should be the following:

A fallen rider must be reached by a doctor or paramedic who can begin treatment with the minimum of delay of the rider coming to rest. If the rider is injured, the CMO must be informed by radio so that further procedures can be initiated.

The CMO must be stationed nearby the Clerk of the Course or Race Director with the FIM MXGP Medical Director when motorcycles are on the track with access to closed circuit television to monitor the situation. Upon request by the CMO any medical vehicle can be dispatched to the scene of the incident, only the Race Director can authorize entry onto, or response via track. Similarly, interruption or cessation of racing or practice session can only be authorized by the Race Director. It is the responsibility of the CMO and FIM MXGP Medical Director to advise the Race Director of incidences where access to a fallen rider(s) necessitates this.
Response codes are:

**Code 0  No medical intervention required**

Confirmation by radio (and CCTV) to CMO and FIM MXGP Medical Director that no medical intervention required

Rider gets up unassisted

**Code 1  Short rescue**

Confirmation by radio (and CCTV) to CMO and FIM MXGP Medical Director and that:

Rider able to walk with assistance

Rider will be cleared from track in less than 1 minute

**Code 2  Long rescue**

Confirmation by radio (and CCTV) to CMO and FIM MXGP Medical Director that the rider is conscious and no spinal injury is suspected

Rider can be safely evacuated by scoop stretcher or spinal board

Rider will be cleared from track in less than 2 minutes and transferred directly to the medical centre.

**Code 3  Prolonged rescue**

Confirmation by radio and CCTV to CMO and FIM MXGP Medical Director that the rider(s) is (are) unconscious, a spinal injury is suspected or the rider is otherwise seriously injured

Rider requires immobilisation and/or stabilisation before being moved

Rescue will take longer than 3 minutes

Medical intervention required on track
09.8.4 TRANSFER TO THE MEDICAL CENTRE (ALL DISCIPLINES)

The injured rider will be transferred to the medical centre when his condition permits. The CMO shall decide the time and method of transfer. Rarely, at the discretion of the CMO only a rider may be transferred to hospital directly from the trackside.

The vehicle used to transfer the rider must be on the scene of the accident with minimum delay following the order to intervene.

09.8.5 MEDICAL CENTRE (ALL DISCIPLINES)

At the medical centre, medical personnel will be available to treat the rider. The CMO remains responsible for the treatment of the rider.

If the rider is unconscious, he will be treated by the medical centre staff under the responsibility of the CMO. The rider’s personal doctor may observe the treatment in the medical centre and may accompany the rider to the hospital.

A rider who is conscious may choose the medical personnel by whom he wishes to be treated. A rider who does not wish to be treated by the medical centre staff against their advice must sign a “Rider self discharge form” (appendix G).

Refer also to the SCAT3™ document (appendix S) which is a standardised tool for evaluating injured athletes for concussion.

09.8.6 TRANSFER TO HOSPITAL (ALL DISCIPLINES)

The CMO shall decide the time of transfer, the mode of transfer and the destination of an injured rider. Having made the decision, it is his/her responsibility to ensure that the receiving hospital and appropriate specialists are informed of the estimated time of arrival and the nature of injuries. It is also the responsibility of the CMO to ensure appropriately skilled and equipped staff accompany the rider.

In FIM GP & SBK: a doctor of the Clinica Mobile will accompany the rider.
09.9 **MEDICAL MALPRACTICE INSURANCE**

All doctors and other medical personnel at an event must have adequate medical malpractice insurance cover.

09.10 **PROFESSIONAL CONFIDENCE OF MEDICAL PERSONNEL**

The rider’s right to medical confidentiality must be respected at all times. The CMO can provide appropriate information to the rider’s relatives and representatives. The Race Direction should only be provided with sufficient information regarding the rider’s fitness or otherwise to compete.

In any other circumstances, it is forbidden for the CMO or any other medical personnel to disclose any information to the press or other information services without the authorisation of the FIM and the promoters.

All doctors must adhere to their professional ethics and medical codes of practice at all times.

09.11 **ACCIDENT STATISTICS**

The FIM SBK Medical Director, FIM Medical Officer, **FIM Medical Director**, **FIM Medical Representative** and FMNs will provide statistics to the FIM concerning accidents and injuries that occur during events within their jurisdiction (appendix E). All fatal accidents occurring during an FIM event will be reported to the FIM immediately as per the procedure in case of fatal accidents (appendix U to be published at a later stage).
09.12 GLOSSARY

Centre Medical Mobile: Mobile equipment for treatment at FIM MXGP & 2 World Championship events

Clinica Mobile: Mobile equipment for treatment only at FIM GP & SBK World Championships events

CMI: International Medical Commission of the FIM

CMO: Chief Medical Officer

FIM Medical Delegate or Representative: Generic term for FIM Medical Inspector, FIM Medical Instructor and FIM Medical Representative or Delegate.

FIM SBK Medical Director: Member of the CMI appointed by the CMI in consultation with the promotor

FIM Medical Director in MXGP & MX2: See art. 09.4.7

FIM Medical Inspector: Member of the CMI who carries out medical inspections and homologations of circuits

FIM Medical Instructor: Member of the CMI who presents seminars

FIM Medical Officer: Member of the CMI in GP

FIM Medical Representative: Member of the CMI at all other events

FMN: National Motorcycle Federation affiliated to the FIM

Medical Director: Medical representative of the contractual partner

Medical examination: Prerequisite to receive a licence

Medical homologation: Homologation of medical services of the circuits

Rider: Competitors, including riders, drivers and passengers

SGP FIM Medical Delegate: Speedway Grand Prix FIM Medical delegate
MEDICAL HISTORY FORM
(to be completed by applicant)

Personal Data:
Name: __________________________ First name: __________________________ Date of birth: ____________
Address: ________________________ Sex: ___________ male | female
FMN: __________________________

No | Yes | Details

☐ Loss of consciousness for any reason dizziness or headache
☐ Eye problems (except glasses)
☐ Asthma
☐ Allergy to medicines or drugs
☐ Diabetes
☐ Heart problems
☐ Blood pressure disorder
☐ Stomach problems (ulcer, etc)
☐ Uro-genital problems
☐ Epilepsy or convulsions
☐ Mental or nervous disorder
☐ Problems with arms or legs incl. muscle cramp or joint stiffness
☐ Blood disorder with tendency to bleeding

Blood group: ____________________

Operations: _____________________

☐ Do you take any medicine or drugs regularly?

If you take any medicine or drugs regularly, please list below the medicine or drugs:

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

a. I have not been banned, on medical grounds, from taking part in any other sport.
b. I do not take any prohibited substances and/or methods as per the WADA list and do not abuse alcohol.
c. In case of an injury and/or illness I give permission to the Medical Staff to release any relevant information to the my relatives and my representatives.
d. I will immediately inform the relevant FIM Medical Officer /FIM SBK Medical Director/FIM Medical Director/ Representative and the CMO of any changes in my health through illness or injury that may adversely affect my ability to ride or compete.
e. I declare that the information that I have given is the truth.
f. I agree to the information on the Medical Examination Form being sent to the doctor of my FMN.

Date: __________________________ Signature of applicant: ________________________
(or responsible Parent or Guardian if a minor)
MEDICAL EXAMINATION FORM
(To be completed by doctor with reference to the FIM Medical Code,
Art. 09.1.1 Guidelines for the examining doctor)

Personal Data:

<table>
<thead>
<tr>
<th>Name:</th>
<th>First name:</th>
<th>Date of birth</th>
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<tbody>
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<td></td>
</tr>
<tr>
<td>Sex:</td>
<td>male</td>
<td>female</td>
</tr>
<tr>
<td>FMN:</td>
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</table>

<table>
<thead>
<tr>
<th>Normal</th>
<th>Abnormal</th>
<th>Details (if abnormal)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</tbody>
</table>

- Cardio-vascular system
  - *Exercise tolerance ECG
  - *Echocardiography

- Blood pressure
  - Pulse
  - Respiratory system

- Nervous system
  - central
  - peripheral

- Ear, nose and throat, in particular vestibulo-cochlear apparatus
  - right
  - left

- Locomotor system
  - arm
    - right
    - left
  - leg
    - right
    - left

- spine

- Abdomen (hernia)

- Urine
  - Albumen
  - Glucose

- Eyes:
  - Distant vision
    - without correction
      - right
    - with correction
      - left
  - color vision
    - right
    - left
  - visual field

* In addition to the medical examination, an applicant for any licence in FIM Cross-Country Rallies WC must undergo and pass successfully an echocardiogram once in his lifetime prior to the issuing of the licence. An exercise tolerance electrocardiogram must be conducted and successfully passed with this echocardiogram and is then required every three years.
Except in Trial an exercise tolerance electrocardiogram is required for riders aged 50 years and over.

☐ I, the undersigned, certify that I am this person/rider's medical practitioner and familiar with his/her medical history.

☐ I, the undersigned, certify that I know and am familiar with the WADA list of prohibited substances and prohibited methods.

☐ I, the undersigned, certify that I have not prescribed any prohibited substances and/or prohibited methods to this person.

☐ I, the undersigned, certify that I have prescribed prohibited substance(s) and/or prohibited method(s) to this person, providing that a TUE was agreed by the FIM and/or that no alternative treatment with authorised substance(s) was possible.

☐ I, the undersigned, certify that this person is medically FIT to take part in motorcycle events.

☐ I, the undersigned, certify that this person is medically NOT FIT to take part in motorcycle events.

☐ I recommend that this person be examined by a member of the medical commission of his/her FMN or doctor appointed by the FMN and of the FIM, if necessary.

Date of examination__________________________ Signature and stamp of Doctor__________________________
SPECIAL MEDICAL EXAMINATION FORM

Personal Data:

Name: ____________________________  First Name: ____________________________

Class: ____________________________  Number: ____________________________

This rider received the following injuries ____________________________
as a result of which he was medically UNFIT to compete.

Before competing again he must be examined to ensure he complies with the requirements
on the FIM Medical Code and is medically FIT to control a motorcycle at racing
speeds.

I, Dr. ____________________________, certify that I have examined the above
named rider and find him/her medically ____________________________
to compete
in the ____________________________ championship,
at the ____________________________ circuit,
on ____________________________ (date)

Signature of CMO

If there is any doubt about medical FITNESS TO COMPETE the FIM MEDICAL REPRESENTATIVE, if
present, must be consulted.

If there is a difference of opinion between these two doctors as to medical fitness, the rider should not
compete.

This form when completed must be given to the Race Director as soon as possible for distribution.
ACCIDENT REPORT FORM

Name of event
Place of event
Date of event

Personal data

Name: [ ]
First name: [ ]
Date of birth: [ ]
State/country: [ ]
City: [ ]
Address: [ ]
Sex: [ ]
Team member [ ]
Spectator [ ]
Official [ ]
Participant: [ ]
Start # [ ]

Category: [ ]
Class: [ ]

Accident

Place of accident: [Paddock]
Date/time of accident: [ ]

Primary care at site of accident

Doctor: [ ]
Paramedic: [ ]

No primary care [ ]
Drugs: [ ]
Intubation [ ]
Oxygen [ ]
IV-line [ ]

Immobilisation [ ]

At Medical Centre/other place of treatment

Time of arrival: [ ]
Transportation

Doctor: [ ]
Self [ ]
Paramedic: [ ]
Ambulance [ ]

With doctor [ ]
Helicopter [ ]

Description of accident (as reported by the injured person):

Physical examination

Condition of injured person: [ ]

Parameters:

Level of consciousness: [ ]
BP sys: [ ]
Airway: [ ]
BP dia: [ ]
Respiration: [ ]
HR: [ ]
Circulation: [ ]
Sat O²: [ ]
Heart: [ ]
BG: [ ]

Monitoring protocol initiated: [ ]

Location, apparent injuries, type of injury

C = concussion/ A = skin abrasion/ S = sprain/ F = fracture/ H = haematoma/ D = dislocation/ W = wound

<table>
<thead>
<tr>
<th>Upperlimb</th>
<th>right</th>
<th>left</th>
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<tbody>
<tr>
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<td>Humerus</td>
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<td>Upper arm</td>
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<tr>
<td>Radius</td>
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<td>[ ]</td>
</tr>
<tr>
<td>Elbow</td>
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<tr>
<td>Forearm</td>
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</tr>
<tr>
<td>Wrist</td>
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</tr>
<tr>
<td>Thumb</td>
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<td>[ ]</td>
</tr>
<tr>
<td>Scaphoid</td>
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</tr>
<tr>
<td>Hand/digits</td>
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</tr>
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<td>Femur</td>
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</tr>
<tr>
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<td>Fibula</td>
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</tr>
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<td>Lower leg</td>
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<tr>
<td>Digits</td>
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<table>
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<th>Other region</th>
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<tbody>
<tr>
<td>Cervical</td>
<td>Abdomen</td>
</tr>
<tr>
<td>Thoracic spine</td>
<td>Chest/ribs</td>
</tr>
<tr>
<td>Lumbar spine</td>
<td>Skull</td>
</tr>
<tr>
<td>Sacrum</td>
<td>Face</td>
</tr>
<tr>
<td>Coccxy</td>
<td>Eye</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Other region</th>
</tr>
</thead>
<tbody>
<tr>
<td>Other injury</td>
</tr>
</tbody>
</table>

update 21 February 2017
## Name: [ ] First name: [ ]

<table>
<thead>
<tr>
<th>X-ray:</th>
<th>Ultrasound:</th>
<th>Laboratory:</th>
</tr>
</thead>
</table>

### Diagnosis

1. [ ]
2. [ ]
3. [ ]
4. [ ]
5. [ ]
6. [ ]

### Treatment

- **Infusion (with drugs):**
- **Wound care:**
- **Support dressing:**
- **Ointment dressing:**

**Drugs administered:**

**Other treatment:**

**Treatment suggestion**

- Vaccination check
- Appointment primary care physician
- Surgery in home country

### Discharge/transfer

<table>
<thead>
<tr>
<th>At time</th>
<th>Discharge without restriction</th>
</tr>
</thead>
<tbody>
<tr>
<td>Return to MC on (date/time)</td>
<td>Medical statement sent</td>
</tr>
<tr>
<td>Transfer to hospital</td>
<td>Self</td>
</tr>
<tr>
<td>Name of hospital</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Assessment

I = inpatient treatment/ O = outpatient treatment/ U = treatment unknown/ N = no treatment/ D = death

**Assessment**

**Unfit to race**

If unfit, reported to Race Director (time)

### Address CMO

<table>
<thead>
<tr>
<th>Name:</th>
<th>Phone #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address:</td>
<td>Postal code/city:</td>
</tr>
</tbody>
</table>

Date and signature of CMO
**ACCIDENT STATISTIC FORM**

Name of event:  
Date of event:  
IMN:  
Name of CMO:  
IMN:  

<table>
<thead>
<tr>
<th>Day</th>
<th>W</th>
<th>Time</th>
<th>Class</th>
<th>Number</th>
<th>FAMILY NAME</th>
<th>NAT</th>
<th>A.S.</th>
<th>Assessment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday</td>
<td>0</td>
<td>S</td>
<td>Sunny</td>
<td>N</td>
<td>Rider OK</td>
<td>F</td>
<td>fit</td>
<td></td>
</tr>
<tr>
<td>Friday</td>
<td>1</td>
<td>R</td>
<td>Rain</td>
<td>T</td>
<td>Treated &amp; discharged</td>
<td>U</td>
<td>unfit</td>
<td></td>
</tr>
<tr>
<td>Saturday</td>
<td>2</td>
<td>C</td>
<td>Cloudy</td>
<td>H</td>
<td>Transported to hospital</td>
<td>R</td>
<td>to be reviewed</td>
<td></td>
</tr>
<tr>
<td>Sunday</td>
<td>3</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**APPENDIX E**

Update 21 February 2017
Please attach Medical Circuit Map / Joindre Plan Medical du Circuit

<table>
<thead>
<tr>
<th>No</th>
<th>Rider/Coureur</th>
<th>Nationality/Nationalité</th>
<th>FIM No</th>
<th>Family Name</th>
<th>Race/Course</th>
<th>Class</th>
<th>Age</th>
<th>Gender</th>
<th>Weather</th>
<th>Accident Site</th>
<th>Treatment</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Rider treated outside</td>
<td>O</td>
<td>Outside</td>
<td>FMN</td>
<td>Treatment</td>
<td>Outside</td>
<td>Outside</td>
<td>Outside</td>
<td>Outside</td>
<td>Outside</td>
<td>Outside</td>
</tr>
</tbody>
</table>

Note: O = Rider treated outside, D = Death, N = No treatment, U = Unknown.
CIRCUIT CMO QUESTIONNAIRE

(Form to be used by CMO)

The following questionnaire is to be completed and returned to the FIM 2 months prior to the event with

1) A plan of the medical centre

2) A map of the circuit/ posts indicating the medical services

3) A map of the circuit indicating the routes for urgent evacuation

4) Written confirmation that the hospitals are aware of the time of practice and racing and that injured riders will be treated with minimum delay

This form must also be given to the FIM Medical Inspector at the time of the inspection

<table>
<thead>
<tr>
<th>Discipline</th>
<th>IMN No.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Circuit</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Country</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CHIEF MEDICAL OFFICER</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>LIC.-No.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
</tbody>
</table>
Discipline

IMN No.

1a) Are all medical services under the control of the Chief Medical Officer

YES

NO

1b) Is the medical service for the general public under the control of a deputy CMO or other doctor than the CMO himself

2) Total personnel (medical centre, track)

(please fill in the number)

<table>
<thead>
<tr>
<th>Discipline</th>
<th>IMN No.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doctor (including CMO)</td>
<td></td>
</tr>
<tr>
<td>Paramedic or equivalent</td>
<td></td>
</tr>
<tr>
<td>Other Medical personnel</td>
<td></td>
</tr>
<tr>
<td>Stretcher bearer</td>
<td></td>
</tr>
<tr>
<td>Driver</td>
<td></td>
</tr>
<tr>
<td>Other (e.g. Pilot)</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>Day</th>
<th>Mon.</th>
<th>Tues.</th>
<th>Wed.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doctor (including CMO)</td>
<td>0</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Paramedic or equivalent</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other Medical personnel</td>
<td>2</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stretcher bearer</td>
<td>3</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Driver</td>
<td>4</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other (e.g. Pilot)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

3) Vehicles Type A1 = Medical Intervention Vehicle

Number

<table>
<thead>
<tr>
<th></th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
<tbody>
<tr>
<td>Do positions conform to map of circuit/ posts?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Doctor as per Medical Code</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Second doctor, paramedic or equivalent as per Medical Code</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Driver as per Medical Code</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Vehicles Type A2 = Medical Intervention Vehicle

Number

<table>
<thead>
<tr>
<th></th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
<tbody>
<tr>
<td>Do positions conform to map of circuit/ posts?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Doctor as per Medical Code</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Paramedic or equivalent as per Medical Code</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Driver as per Medical Code</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Medical equipment

Portable oxygen supply |     |    |
Manual ventilator     |     |    |
Intubation equipment  |     |    |
Suction equipment     |     |    |
 Intravenous infusion equipment |     |    |
Equipment to immobilise limbs and spine (including cervical spine) |     |    |
Sterile dressings     |     |    |
ECG monitor and defibrillator |     |    |
Drugs for resuscitation and analgesia/IV fluids |     |    |
Sphygmomanometer and stethoscope |     |    |

Other equipment

Protective canvas/tarpaulins |     |    |
### Technical equipment
- Radio communication with Race Control and CMO/Medical Director
- Visible and audible signals
- Equipment to remove suits and helmets

<table>
<thead>
<tr>
<th>Type of vehicle</th>
<th>Quad</th>
<th>Ambulance</th>
<th>Bike</th>
<th>Car</th>
</tr>
</thead>
</table>

### Vehicles Type B1

<table>
<thead>
<tr>
<th>Number</th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
</table>

- Do positions conform to map of circuit/ posts?
- Doctor as per Medical Code
- Personnel as per Medical Code

### Vehicles Type B2

<table>
<thead>
<tr>
<th>Number</th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
</table>

- Do positions conform to map of circuit/ posts?
- Doctor as per Medical Code
- Personnel as per Medical Code

### Medical Equipment
- Portable oxygen supply
- Manual and automatic ventilator
- Intubation equipment
- Suction equipment
- Intravenous infusion equipment
- Equipment to immobilise limbs and spine (including cervical spine)
- Sterile dressings
- Thoracic drainage equipment/ chest decompression equipment
- Tracheostomy /surgical airway equipment
- Sphygmomanometer and stethoscope
- Stretcher
- Scoop stretcher
- ECG monitor and defibrillator
- Pulse oximeter
- Drugs for resuscitation and analgesia/ IV fluids

### Technical Equipment
- Radio communication with Race Control and CMO
- Visible and audible signals
- Equipment to remove suits and helmets
- Air conditioning and refrigerator (recommended)

<table>
<thead>
<tr>
<th>Type of vehicle</th>
<th></th>
</tr>
</thead>
</table>

---

*FIM Medical code*

---

*Update 21 February 2017*
**Discipline**  

<table>
<thead>
<tr>
<th>IMN No.</th>
</tr>
</thead>
</table>

5) **Vehicles Type C**  

<table>
<thead>
<tr>
<th>Number</th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
</table>

- Do positions conform to map of circuit/ posts?  
- Personnel as per Medical Code  

**Medical Equipment**  

<table>
<thead>
<tr>
<th>Stretcher</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oxygen supply</td>
</tr>
<tr>
<td>Equipment to immobilise limbs and spine</td>
</tr>
<tr>
<td>First Aid medicaments and materials</td>
</tr>
</tbody>
</table>

**Technical Equipment**  

| Radio communication with Race Control and CMO |  
| Visible and audible signals |  

**Type of vehicle**  

|  
|  
---

6a) **Medical Ground posts**  

<table>
<thead>
<tr>
<th>Number</th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
</table>

- Do positions conform to map of circuit/ posts?  

**GP1 Personnel**  

- Doctor experienced in resuscitation and the pre-hospital management of trauma  
- First aiders or stretcher bearers  

**GP2 Personnel**  

- Paramedic or equivalent experienced in resuscitation and pre-hospital management of trauma  
- Two first aiders or stretcher bearers  

**Medical Equipment**  

| Equipment for initiating resuscitation and emergency treatment |  
| Initial airway management |  
| Ventilatory support |  
| Haemorrhage control & circulatory support |  
| Cervical collar |  
| Extrication device - Scoop stretcher or spinal board or equivalent |  

**Technical Equipment**  

- Radio communication with Race Control and CMO  
- Adequate shelter for staff and equipment  
- and ground post staff  

**Other equipment**  

- Protective canvas / tarpaulins
<table>
<thead>
<tr>
<th>Discipline</th>
<th>IMN No.</th>
<th>6b) Pit lane ground posts</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Number YES NO</td>
</tr>
</tbody>
</table>

Do positions conform to map of circuit/ posts?

**Personnel**
- Doctor, Paramedic or equivalent experienced in emergency care
- Stretcher bearer

**Medical Equipment**
- Airway management and intubation equipment
- Drugs for resuscitation and analgesia/ IV fluids
- Cervical collars
- Manual respiration system
- Intravenous infusion equipment
- First Aid equipment
- Stretcher

**Technical Equipment**
- Radio communication with Race Control and CMO

7) **Medical Centre**
- Is it less than 10 mins from any part of the circuit?
- Ref. Art. 13.3 of the Standards for circuits

**Number of rooms**
- Secure environment from which media and public can be excluded
- Area easily accessible by First Aid vehicles
- Helicopter landing area nearby
- One or two rooms large enough to allow resuscitation of at least two severely injured riders simultaneously (resuscitation area)
- X-ray room or portable X-ray DIGITAL machine
- A room large enough to treat more than one rider with minor injuries simultaneously
- Temporary separation in this area, e.g. curtains or screens
- Reception and waiting area
- Doctor's room
- Toilet and shower room with disabled access
- A staff changing room with male and female toilets
- Medical staff room for 12 or more persons
- Radio communication with Race Control, the CMO, ambulances and ground posts
- If the Medical Centre is fed by normal power electric supply, it must also be permanently connected to its own U.P.S. (Uninterruptible Power Supply)
- Water supply, heating, air-conditioning and sanitation appropriate to the country
- Closed Circuit TV
- Office facilities
- Dirty utility room
- Equipment storage
- Security fence
- Telephones
- Security Guard
- Parking for ambulances
### 7a) Room requirements

- 1 resuscitation room
- or
- 2 resuscitation rooms
- Entrance separate to entrance for general public
- Minor treatment room
- X-ray room
- Medical staff room
- Ample width of corridors and doors to move patients on trolleys

<table>
<thead>
<tr>
<th>Discipline</th>
<th>IMN No.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### 7b) Equipment for resuscitation areas

- Equipment for endotracheal intubation, tracheostomy and ventilation support including suction, oxygen and anaesthetic agents
- Equipment for intravenous access including cut down and central venous cannulation and fluids including colloid plasma expanders and crystalloid solutions
- Intercostal drainage equipment / sufficient surgical instruments
- Equipment for cardiac monitoring and resuscitation, including ECG monitoring, defibrillation and blood pressure measurement
- Equipment for immobilising the spine at all levels
- Equipment for the splinting of limb fractures
- Drugs/ IV fluids including analgesia, sedating agents, anticonvulsants, paralysing and anaesthetic agents, cardiac resuscitation drugs/ IV fluids
- Tetanus toxoid and broad spectrum antibiotics
- Equipment for diagnostic ultrasound
- DIGITAL X-Ray

<table>
<thead>
<tr>
<th>Discipline</th>
<th>IMN No.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### 7c) Equipment for minor injuries area

The area must have beds, dressings, suture equipment and fluids to treat up to three riders with minor injuries simultaneously. Sufficient stocks to replenish the area during the event must be available and sufficient doctors, paramedics or equivalent experienced in treating trauma must be available.

<table>
<thead>
<tr>
<th>Discipline</th>
<th>IMN No.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>
### Discipline

<table>
<thead>
<tr>
<th>IMN No.</th>
</tr>
</thead>
</table>

#### 7d) Personnel

| Doctor  | 0 | Thursday |
| Paramedic or equivalent | 1 | Friday |
| Other medical | 2 | Saturday |
| Stretcher bearer | 3 | Sunday |
| Driver | 4 | Monday after race |

#### Specialists at medical centre (mentioning specialty)

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Surgeon experienced in trauma</td>
<td></td>
</tr>
<tr>
<td>2. Trauma resuscitation specialist</td>
<td></td>
</tr>
</tbody>
</table>

#### 7e) Doping facilities

<table>
<thead>
<tr>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
</table>

#### 8) Ambulances for transport to hospital

<table>
<thead>
<tr>
<th>Number</th>
</tr>
</thead>
</table>

#### 9) Helicopter

<table>
<thead>
<tr>
<th>Number</th>
</tr>
</thead>
</table>

#### 9a) Medical Equipment

<table>
<thead>
<tr>
<th>Fluids and drugs</th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
<tbody>
<tr>
<td>Respirator</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Oxygen</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ECG/defibrillator</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### 9b) Personnel (specify)

| Doctor  | 0 | Thursday |
| Paramedic or equivalent | 1 | Friday |
| Pilot | 2 | Saturday |
| Total | 3 | Sunday |
| 4 | Monday after race |

#### 10) Clothing of medical personnel as per Medical Code

| Doctor | YES | NO |
| Paramedics or equivalent | |

#### 11) Closed Circuit TV

#### 12) Radio Operator (Medical Service)
13) Hospitals

<table>
<thead>
<tr>
<th>Type of hospital</th>
<th>Name of Hospital</th>
<th>Time to Hospital</th>
<th>Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) Local hospital</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b) General Surgery</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c) Orthopaedic/Trauma</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d) Neurosurgery</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e) Spinal Injuries</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f) Cardio/Thoracic Surgery</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g) Burns/Plastic Surgery</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>h) Vascular Surgery</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>i) Micro Surgery</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

CT scan YES NO
MRI

A route map to the hospitals is enclosed
### 14) Trackside positions of Doctors

Please enter for every doctor (CMO, 2, 3, …) where he/she will be stationed. Remember to enter only one x in each column (except where is an asterix (Type A1 and B1), please enter the post n°).

<table>
<thead>
<tr>
<th>Doctor (number)</th>
<th>CMO 1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9</th>
<th>10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Race Control</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>other place</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Type A1*</td>
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<td>Type B1*</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Pit lane ground post</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Medical Centre/ Art. 7d)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Doctor (number)</th>
<th>11</th>
<th>12</th>
<th>13</th>
<th>14</th>
<th>15</th>
<th>16</th>
<th>17</th>
<th>18</th>
<th>19</th>
<th>20</th>
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</thead>
<tbody>
<tr>
<td>Race Control</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>other place</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Type A1*</td>
<td></td>
<td></td>
<td></td>
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<td></td>
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<td></td>
</tr>
<tr>
<td>Type B1*</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pit lane ground post</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Medical Centre/ Art. 7d)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

The CIRCUIT CMO QUESTIONNAIRE has been completed by the CMO

**Remarks:**

**CMO signature:**

**Date of completion:**
CIRCUIT CMO QUESTIONNAIRE

MOTOCROSS / SUPERMOTO

(Form only to be used by CMO)

This questionnaire has to be completed by the CMO (in accordance with Art. 09.4.1 of the Medical Code) and returned to the FIM by e-mail 2 months prior to the event.

1) A map of the circuit including medical groundposts, medical centre, ambulances, helicopter landing area etc.

2) A map of the circuit indicating the routes for urgent evacuation

3) Confirmation from all involved hospitals

4) Written confirmation about availability of medical staff during practice and racing

A copy of this form has to be handed over before the first track inspection to the FIM Medical Director, if present.

CLASS

IMN No.

CIRCUIT

DATE

COUNTRY

CHIEF MEDICAL OFFICER

LIC.-No.
### FIM Medical Code

#### APPENDIX F MX

<table>
<thead>
<tr>
<th>CLASS</th>
<th>IMN No.</th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
</table>

1) Are all medical services under the control of the Chief Medical Officer

2) Total personnel (Medical Centre, track, spectators)  

<table>
<thead>
<tr>
<th>Position</th>
<th>Number</th>
<th>Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doctor (CMO included)</td>
<td>0</td>
<td>Thursday</td>
</tr>
<tr>
<td>Nurse</td>
<td>1</td>
<td>Friday</td>
</tr>
<tr>
<td>Paramedic or equivalent</td>
<td>2</td>
<td>Saturday</td>
</tr>
<tr>
<td>Medical Personnel</td>
<td>3</td>
<td>Sunday</td>
</tr>
<tr>
<td>Stretcher bearer</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Driver</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Med. Personnel (in total)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

3) Vehicles Type A = Medical Intervention Vehicle  

<table>
<thead>
<tr>
<th>Number</th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
</table>

   Do positions conform to map of circuit/ posts?  
   Doctor as per Medical Code  
   Second doctor, nurses, paramedic or equivalent as per Medical Code  
   Driver as per Medical Code

- **Medical equipment**  
  - Portable oxygen supply  
  - Manual ventilator  
  - Intubation equipment  
  - Suction equipment  
  - Intravenous infusion equipment  
  - Equipment to immobilise limbs and spine (including cervical spine)  
  - Sterile dressings  
  - ECG monitor and defibrillator  
  - Drugs for resuscitation and analgesia/IV fluids  
  - Sphygmomanometer and stethoscope

- **Technical equipment**  
  - Radio communication  
  - Visible and audible signals  
  - Equipment to remove suits and helmets

- **Type of vehicle**

- **Other equipment**  
  - Protective canvas/Tarpaulins

4) Vehicles Type B  

<table>
<thead>
<tr>
<th>Number</th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
</table>

   Do positions conform to map of circuit/ posts?  
   Doctor as per Medical Code  
   Staff as per Medical Code
<table>
<thead>
<tr>
<th>CLASS</th>
<th>IMN No.</th>
</tr>
</thead>
</table>

**Medical equipment**

- Portable oxygen supply
- Manual and automatic ventilator
- Intubation equipment
- Suction equipment
- Intravenous infusion equipment
- Equipment to immobilise limbs and spine (including cervical spine)
- Sterile dressings
- Thoracic drainage equipment/Chest decompression equipment
- Tracheostomy equipment/Surgical airway equipment
- Sphygmomanometer and stethoscope
- Stretcher
- Scoop stretcher
- ECG monitor and defibrillator
- Pulse oximeter
- Drugs for resuscitation and analgesia/IV fluids

**Technical equipment**

- Radio communication with the Race Direction and CMO
- Visible and audible signals
- Equipment to remove suits and helmets

**Type of vehicle**

5) **Medical Ground posts**

- **Number**

- Do positions conform to map of circuit/posts?

**GP 1 Personnel**

- Doctor
- First aiders or stretcher bearers

**GP 2 Personnel**

- Paramedic or equivalent experienced in resuscitation and pre-hospital management of trauma
  - Two first aiders or stretcher bearers

**Medical Equipment**

- Equipment for initiating resuscitation and emergency treatment **including**:
  - Initial airway management
  - Ventilatory support
  - Haemorrhage control &
  - Cervical collar
  - Extrication device - This should be a Scoop stretcher or if not available a spinal board or equivalent
  - Devices such as "NATO" or other canvas stretchers that require the rider to be lifted on to them are no longer acceptable.

**Pit Lane Groundpost**

- Doctor or paramedic experienced in trackside resuscitation
- Stretcher bearer
### Medical equipment
- Equipment for initiating resuscitation and emergency treatment
- Cervical collar
- Scoop stretcher or spinal board or equivalent

### Technical equipment
- Radio communication with CMO

### Other equipment
- Protective canvas/Tarpaulins

### Medical centre
- Is it a permanent structure?
- Number of rooms
- Area in sq.m.

| Secure environment from which media and public can be excluded | YES | NO |
| Area easily accessible by First Aid vehicles | YES | NO |
| Helicopter landing area nearby | YES | NO |
| Water supply, heating, air-conditioning and sanitation appropriate to | YES | NO |
| Parking for ambulances | YES | NO |

### Minimum room dimensions and requirements
- 1 resuscitation room
- or
- 2 resuscitation rooms

### Equipment for resuscitation areas
- Equipment for endotracheal intubation, tracheostomy and ventilation support including suction, oxygen and anaesthetic agents
- Equipment for intravenous access including cut down and central venous cannulation and fluids including colloid plasma expanders and crystalloid solutions
- Intercostal drainage equipment
- Equipment for cardiac monitoring and resuscitation, including ECG monitoring, defibrillation and blood pressure measurement
- Equipment for immobilising the spine at all levels
- Equipment for the splinting of limb fractures
- Drugs/ IV fluids including analgesia, sedating agents, anticonvulsants, paralysing and anaesthetic agents, cardiac resuscitation drugs/ IV fluids
- Staff are appropriately trained & skilled

### Is there another facility for treatment of injured riders-
- Room, container or tent (please describe/specify) - only to be filled in if there is no Medical Centre
### 7d) Personnel of Medical Centre

<table>
<thead>
<tr>
<th>Class</th>
<th>IMN No.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### Personnel of Medical Centre

<table>
<thead>
<tr>
<th>Class</th>
<th>IMN No.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doctor</td>
<td>0 Wednesday</td>
</tr>
<tr>
<td>Nurse</td>
<td>1 Thursday</td>
</tr>
<tr>
<td>Paramedic</td>
<td>2 Friday</td>
</tr>
<tr>
<td>First Aider</td>
<td>3 Saturday</td>
</tr>
<tr>
<td>Stretcher Bearer</td>
<td></td>
</tr>
<tr>
<td>Driver</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td></td>
</tr>
<tr>
<td>Med. Personnel (in total)</td>
<td></td>
</tr>
</tbody>
</table>

#### Specialists at medical centre (mentioning specialty)

<table>
<thead>
<tr>
<th>Yes/No</th>
<th>Other Specialists</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Class</th>
<th>IMN No.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Surgeon experienced in trauma</td>
<td></td>
</tr>
<tr>
<td>2. Trauma resuscitation specialist</td>
<td></td>
</tr>
</tbody>
</table>

#### 8) Vehicles for transport to hospital

<table>
<thead>
<tr>
<th>Number</th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
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</tbody>
</table>

#### 9) Ways to cross the track during racing

<table>
<thead>
<tr>
<th>Number</th>
<th>Tunnel</th>
<th>Bridge</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### 10) Helicopter

<table>
<thead>
<tr>
<th>Number</th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Class</th>
<th>IMN No.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

- Helicopter with medical equipment

<table>
<thead>
<tr>
<th>Fluids and drugs</th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
<tbody>
<tr>
<td>Respirator</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Oxygen</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ECG/defibrillator</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### Personnel (specify)

<table>
<thead>
<tr>
<th>Class</th>
<th>IMN No.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

- Number

<table>
<thead>
<tr>
<th>Personnel (specify)</th>
<th>IMN No.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doctor</td>
<td>0 Wednesday</td>
</tr>
<tr>
<td>Paramedic or equivalent</td>
<td>1 Thursday</td>
</tr>
<tr>
<td>Pilot</td>
<td>2 Friday</td>
</tr>
</tbody>
</table>

#### 11) Clothing of Medical Personnel as per Medical Code

<table>
<thead>
<tr>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### 12) Is there separate Medical Personnel for Spectators

<table>
<thead>
<tr>
<th>Personnel (specify)</th>
<th>IMN No.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doctor</td>
<td>0 Wednesday</td>
</tr>
<tr>
<td>Nurse</td>
<td>1 Thursday</td>
</tr>
<tr>
<td>Paramedic</td>
<td>2 Friday</td>
</tr>
<tr>
<td>First Aider</td>
<td>3 Saturday</td>
</tr>
<tr>
<td>Stretcher Bearer</td>
<td></td>
</tr>
<tr>
<td>Driver</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td></td>
</tr>
<tr>
<td>Med. Personnel (in total)</td>
<td></td>
</tr>
</tbody>
</table>
13) Facilities for doping controls

14) Hospitals

<table>
<thead>
<tr>
<th>Type of hospital</th>
<th>Name of Hospital</th>
<th>GPS coordinates</th>
<th>Time to Hospital</th>
<th>Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>Road min</td>
<td>Air min</td>
</tr>
<tr>
<td>a) Local hospital</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b) General Surgery</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c) Orthopaedic/Trauma</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d) Neurosurgery</td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>e) Spinal Injuries</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f) Cardio/Thoracic</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Surgery</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g) Burns/Plastic</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Surgery</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>h) Vascular Surgery</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>i) Micro Surgery</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

A route map to the hospitals is enclosed

The CIRCUIT CMO QUESTIONNAIRE has been completed by the CMO

Remarks:

Date:

Signature of the CMO:
CIRCUIT CMO QUESTIONNAIRE
Enduro
(Form to be used by CMO)

The following questionnaire is to be completed and returned to the FIM 2 months prior to the event with

1) A map of the circuit/ posts indicating the medical services

2) Written confirmation that the hospitals are aware of the time of practice and racing and that injured riders will be treated with minimum delay

This form must also be given to the FIM Medical Inspector at the time of the inspection

Discipline ______________________ IMN No. ___________
Circuit ______________________ Date ___________
Country ______________________

CHIEF MEDICAL OFFICER ______________________

LIC.-No. ______________________
### FIM Medical Code

**Discipline**

**IMN No.**

1) **Are all medical services under the control of the Chief Medical Officer?**

<table>
<thead>
<tr>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
</table>

2) **Total personnel**

   (please fill in the number)

<table>
<thead>
<tr>
<th>Position</th>
<th>Number</th>
<th>Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doctor (including CMO)</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Nurse</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Paramedic or equivalent</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Other Medical personnel</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>Stretcher bearer</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>Driver</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other (e.g. Pilot)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

3) **Vehicles Type A1 = Medical Intervention Vehicle**

   **Number**

   **Do positions conform to map of circuit/ posts?**

<table>
<thead>
<tr>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
</table>

   **Vehicles Type A2 = Medical Intervention Vehicle**

   **Number**

   **Do positions conform to map of circuit/ posts?**

<table>
<thead>
<tr>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
</table>

**Medical Equipment**

- Portable oxygen supply
- Manual ventilator
- Intubation equipment
- Suction equipment
- Intravenous infusion equipment
- Equipment to immobilise limbs and spine (including cervical spine)
- Sterile dressings
- ECG monitor and defibrillator
- Drugs for resuscitation and analgesia/IV fluids
- Sphygmomanometer and stethoscope

**Technical Equipment**

- Radio communication with Race Control and CMO
- Visible and audible signals
- Equipment to remove suits and helmets

**Other equipment**

- Protective canvas / Tarpaulins
- Quad
- Ambulance
- Car
- Bike
- Car
### Discipline  

<table>
<thead>
<tr>
<th>IMN No.</th>
</tr>
</thead>
</table>

#### 4) Vehicles Type B1

<table>
<thead>
<tr>
<th>Number</th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
</table>

- Do positions conform to map of circuit/ posts?
- Doctor as per Medical Code
- Personnel as per Medical Code

#### Vehicles Type B2

<table>
<thead>
<tr>
<th>Number</th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
</table>

- Do positions conform to map of circuit/ posts?
- Doctor as per Medical Code
- Personnel as per Medical Code

#### Medical Equipment

- Portable oxygen supply
- Manual and automatic ventilator
- Intubation equipment
- Suction equipment
- Intravenous infusion equipment
- Equipment to immobilise limbs and spine (including cervical spine)
- Sterile dressings
- Thoracic drainage equipment
- Tracheostomy equipment
- Sphygmomanometer and stethoscope
- Stretcher
- Scoop stretcher
- ECG monitor and defibrillator
- Pulse oximeter
- Drugs for resuscitation and analgesia/ IV fluids

#### Technical Equipment

- Radio communication with Race Control and CMO
- Visible and audible signals
- Equipment to remove suits and helmets
- Air conditioning and refrigerator (recommended)

<table>
<thead>
<tr>
<th>Type of vehicle</th>
</tr>
</thead>
</table>

#### 5) Vehicles Type C

<table>
<thead>
<tr>
<th>Number</th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
</table>

- Do positions conform to map of circuit/ posts?
- Personnel as per Medical Code

#### Medical Equipment

- Stretcher
- Oxygen supply
- Equipment to immobilise limbs and spine
- First Aid medicaments and materials
Discipline  IMN No.

Technical Equipment
Radio communication
Visible and audible signals

Type of vehicle

6a) Personnel
Doctor, nurse, paramedic or equivalent experienced in emergency care
Stretcher bearer

6b) Medical Equipment
Equipment for initiating resuscitation and emergency treatment
Cervical collar
Scoop stretcher

Technical Equipment
Radio communication with Race Control and CMO

7) Vehicles for transport to hospital
Number

8) Clothing of medical personnel as per Medical Code
Doctor
Paramedics or equivalent

9) Hospitals:

<table>
<thead>
<tr>
<th>Type of hospital</th>
<th>Name of Hospital</th>
<th>Time to Hospital</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Road min</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Air min</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Distance km</td>
</tr>
<tr>
<td>a) Local hospital</td>
<td></td>
<td></td>
</tr>
<tr>
<td>b) General Surgery</td>
<td></td>
<td></td>
</tr>
<tr>
<td>c) Orthopaedic/Trauma</td>
<td></td>
<td></td>
</tr>
<tr>
<td>d) Neurosurgery</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Discipline</td>
<td>IMN No.</td>
<td>Time to Hospital</td>
</tr>
<tr>
<td>-----------------------------</td>
<td>---------</td>
<td>------------------</td>
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<td></td>
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<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

9) A route map to the hospitals is enclosed

10) Trackside positions of Doctors

Please enter for every doctor (CMO,2,3,…) where he/she will be stationed. Remember to enter only one x in each column (except where is an asterix (Type A1 and B1), please enter the post n°)

<table>
<thead>
<tr>
<th>Doctor (number)</th>
<th>CMO</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9</th>
<th>10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Race Control</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>other place</td>
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<td></td>
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<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Type A1*</td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Type B1*</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

11) The CIRCUIT CMO QUESTIONNAIRE has been completed by the CMO

Remarks:

12) Date of completion:

CMO signature:
CIRCUIT CMO QUESTIONNAIRE
6 Days Enduro
(Form to be used by CMO)

The following questionnaire is to be completed and returned to the FIM 2 months prior to the event with

1) A map of the circuit/ posts indicating the medical services

2) Written confirmation that the hospitals are aware of the time of practice and racing and that injured riders will be treated with minimum delay
This form must also be given to the FIM Medical Inspector at the time of the inspection

Discipline

IMN No.

Circuit

Date

Country

CHIEF MEDICAL OFFICER

LIC.-No.
FIM Medical code

Discipline ___________________________ IMN No. __________

1) Are all medical services under the control of the Chief Medical Officer
   YES NO

2) Total personnel (medical centre, track)

| Doctor (including CMO) | 1 | Tuesday |
| Nurse                | 2 | Wednesday |
| Paramedic or equivalent | 3 | Thursday |
| Other Medical personnel | 4 | Friday |
| Stretcher bearer     | 5 | Saturday |
| Driver               | 6 | Sunday |

(please fill in the number)

3) Vehicles Type A1 = Medical Intervention Vehicle
   Number __________

Do positions conform to map of circuit/ posts?
Doctor as per Medical Code
Second doctor, nurse, paramedic or equivalent as per Medical Code
Driver as per Medical Code

Vehicles Type A2 = Medical Intervention Vehicle
   Number __________

Do positions conform to map of circuit/ posts?
Doctor as per Medical Code
Nurse, paramedic or equivalent as per Medical Code
Driver as per Medical Code

Medical Equipment
Portable oxygen supply
Manual ventilator
Intubation equipment
Suction equipment
Intravenous infusion equipment
Equipment to immobilise limbs and spine (including cervical spine)
Sterile dressings
ECG monitor and defibrillator
Drugs for resuscitation and analgesia/IV fluids
Sphygmomanometer and stethoscope

Technical Equipment
Radio communication with Race Director and CMO
Visible and audible signals
Equipment to remove suits and helmets

Type of vehicle
Quad  Bike
Ambulance  Car
other

Other equipment
Protective canvas / tarpaulins

update 21 February 2017
<table>
<thead>
<tr>
<th>Discipline</th>
<th>IMN No.</th>
<th>4) Vehicles Type B1</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Do positions conform to map of circuit/ posts?</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Doctor as per Medical Code</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Personnel as per Medical Code</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Vehicles Type B2</td>
<td>Number</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Do positions conform to map of circuit/ posts?</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Doctor as per Medical Code</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Personnel as per Medical Code</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Medical Equipment</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Portable oxygen supply</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Manual and automatic ventilator</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Intubation equipment</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Suction equipment</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Intravenous infusion equipment</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Equipment to immobilise limbs and spine</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>(including cervical spine)</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Sterile dressings</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Thoracic drainage equipment/Chest decompression equipment</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Tracheostomy equipment/Surgical airway equipment</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Sphygmomanometer and stethoscope</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Stretcher</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Scoop stretcher</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>ECG monitor and defibrillator</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Pulse oximeter</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Drugs for resuscitation and analgesia/ IV fluids</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Technical Equipment</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Radio communication with Race Director and CMO</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Visible and audible signals</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Equipment to remove suits and helmets</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Air conditioning and refrigerator (recommended)</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Type of vehicle</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>5) Vehicles Type C</td>
<td>Number</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Do positions conform to map of circuit/ posts?</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Personnel as per Medical Code</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Equipment (Medical)</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Stretcher</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Oxygen supply</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Equipment to immobilise limbs and spine</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>First Aid medicaments and materials</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Equipment (Technical)</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Radio communication</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Visible and audible signals</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Type of vehicle</td>
<td></td>
</tr>
</tbody>
</table>

Update 21 February 2017
**Discipline**

**IMN No.**

---

**6a) Personnel**
- Doctor/paramedic or equivalent experienced in emergency care
- Stretcher bearer

---

**6b) Medical Equipment**
- Equipment for initiating resuscitation and emergency treatment
- Cervical collar
- Scoop stretcher

---

**Technical Equipment**
- Radio communication with Race Control and CMO

---

**7) Medical Centre**
( Mandatory in 6 days Enduro )

<table>
<thead>
<tr>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
<tbody>
<tr>
<td>Is a medical centre available as per Medical Code?</td>
<td></td>
</tr>
<tr>
<td>Secure environment from which media and public can be excluded</td>
<td></td>
</tr>
<tr>
<td>Area easily accessible by First Aid vehicles</td>
<td></td>
</tr>
<tr>
<td>Helicopter landing area nearby</td>
<td></td>
</tr>
<tr>
<td>A room large enough to treat more than one rider with minor injuries simultaneously</td>
<td></td>
</tr>
<tr>
<td>Temporary separation in this area, e.g. curtains or screens</td>
<td></td>
</tr>
<tr>
<td>Radio communication with Race Control, CMO, ambulances &amp; ground posts</td>
<td></td>
</tr>
<tr>
<td>If the Medical Centre is fed by normal power electric supply, it must also be permanently connected to its own U.P.S. (Uninterruptible Power Supply)</td>
<td></td>
</tr>
<tr>
<td>Water supply, heating, air-conditioning and sanitation appropriate to the country</td>
<td></td>
</tr>
<tr>
<td>Office facilities</td>
<td></td>
</tr>
<tr>
<td>Dirty utility container</td>
<td></td>
</tr>
<tr>
<td>Equipment storage</td>
<td></td>
</tr>
<tr>
<td>Parking for ambulances</td>
<td></td>
</tr>
</tbody>
</table>

---

**7a) Medical Equipment**

**Equipment for resuscitation**
- Equipment for endotracheal intubation, tracheostomy and ventilation support including suction, oxygen and anaesthetic agents
- Equipment for intravenous access including cut down and central venous cannulation
- Fluids including colloid plasma expanders and crystalloid solutions
- Intercostal drainage equipment
- Equipment for cardiac monitoring and resuscitation, including ECG monitoring, defibrillation and blood pressure measurement
- Equipment for immobilising the spine at all levels
- Equipment for the splinting of limb fractures
- Drugs/IV fluids including analgesia, sedating agents, anticonvulsants, paralysing and anaesthetic agents, cardiac resuscitation drugs/IV fluids

**Equipment for minor injuries**
- The area must have beds, dressings, suture equipment and fluids to treat up to three riders with minor injuries simultaneously.
- Sufficient stocks to replenish the area during the event must be available and sufficient doctors, nurses and paramedics or equivalent experienced in treating trauma must be available
### 7b) Personnel

<table>
<thead>
<tr>
<th>Discipline</th>
<th>IMN No.</th>
</tr>
</thead>
</table>

#### Day 1
- **Doctor**  
- **Nurses**  
- **Paramedic or equivalent**  
- **Stretcher bearer**  
- **Driver**  
- **Other**

#### Day 2
- **Doctor**  
- **Nurses**  
- **Paramedic or equivalent**  
- **Stretcher bearer**  
- **Driver**  
- **Other**

#### Day 3
- **Doctor**  
- **Nurses**  
- **Paramedic or equivalent**  
- **Stretcher bearer**  
- **Driver**  
- **Other**

#### Day 4
- **Doctor**  
- **Nurses**  
- **Paramedic or equivalent**  
- **Stretcher bearer**  
- **Driver**  
- **Other**

#### Day 5
- **Doctor**  
- **Nurses**  
- **Paramedic or equivalent**  
- **Stretcher bearer**  
- **Driver**  
- **Other**

#### Day 6
- **Doctor**  
- **Nurses**  
- **Paramedic or equivalent**  
- **Stretcher bearer**  
- **Driver**  
- **Other**

#### Total

Specialists at medical centre (mentioning specialty)

<table>
<thead>
<tr>
<th>1. Surgeon experienced in trauma</th>
<th>yes</th>
<th>no</th>
</tr>
</thead>
<tbody>
<tr>
<td>2. Trauma resuscitation specialist</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### Other Specialists

<table>
<thead>
<tr>
<th>3.</th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
<tbody>
<tr>
<td>4.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### 7c) Anti-Doping facilities

- YES
- NO

### 7d) Vehicles for transport to hospital

- Number

### 8a) Helicopter with medical equipment

<table>
<thead>
<tr>
<th>Fluids and drugs</th>
<th>Respirator</th>
<th>Oxygen</th>
<th>ECG/defibrillator</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### 8b) Personnel (specify)

#### Day 1
- **Doctor**
- **Nurse, paramedic or equivalent**
- **Pilot**
- **Total**

#### Day 2
- **Doctor**
- **Nurse, paramedic or equivalent**
- **Pilot**
- **Total**

#### Day 3
- **Doctor**
- **Nurse, paramedic or equivalent**
- **Pilot**
- **Total**

#### Day 4
- **Doctor**
- **Nurse, paramedic or equivalent**
- **Pilot**
- **Total**

#### Day 5
- **Doctor**
- **Nurse, paramedic or equivalent**
- **Pilot**
- **Total**

#### Day 6
- **Doctor**
- **Nurse, paramedic or equivalent**
- **Pilot**
- **Total**

### 8c) Clothing of medical personnel as per Medical Code

- YES
- NO

- Doctor
- Paramedics or equivalent

### 9) Hospitals:

<table>
<thead>
<tr>
<th>Type of hospital</th>
<th>Name of Hospital</th>
<th>GPS Coordinates</th>
<th>Time to hospital</th>
<th>Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>Route</td>
<td>min</td>
</tr>
</tbody>
</table>

#### a) Local hospital

#### b) General Surgery

#### c) Orthopaedic/Trauma
### A route map to the hospitals is enclosed

**YES** | **NO**
---|---

### Trackside positions of Doctors

Please enter for every doctor (CMO,2,3,…) where he/she will be stationed. Remember to enter only one x in each column (except where there is an asterix (Type A1 and B1), please enter the post n°)

<table>
<thead>
<tr>
<th>Doctor (number)</th>
<th>CMO</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9</th>
<th>10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Race Control</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>other place</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Type A1*</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Type B1*</td>
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<td></td>
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<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Medical Centre/ Art. 7d)</td>
<td></td>
<td></td>
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<td></td>
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<td></td>
</tr>
</tbody>
</table>

### The CIRCUIT CMO QUESTIONNAIRE has been completed by the CMO

**YES** | **NO**
---|---

### Remarks:


### Date of completion:
CIRCUIT CMO QUESTIONNAIRE
SPEEDWAY

(Form only to be used by CMO)

This questionnaire has to be completed by the CMO
(in accordance with art. 09.4.1 of the FIM Medical code)
and returned to the FIM by e-mail, **TWO months prior** to the event with the following
attachments:

1) A map of the track including medical overview of medical personal, ambulances and fire service
2) A map of the track indicating the routes for urgent evacuation
3) Written confirmation of CMO about availability of medical staff during the event
4) Written confirmation of all hospitals involved
5) Road map to hospital(s)

A copy of this form has to be handed over before the first inspection
to the FIM Medical Representative

<table>
<thead>
<tr>
<th>Discipline</th>
<th>IMN No.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Circuit</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Country</th>
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</thead>
<tbody>
<tr>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>CHIEF MEDICAL OFFICER</th>
<th>LIC.-No.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>
1) Are all medical services under the control of the Chief Medical Officer

<table>
<thead>
<tr>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
</table>

2) Total personnel during event

<table>
<thead>
<tr>
<th>Day</th>
<th>1</th>
<th>2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doctor (including CMO)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Nurses</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Paramedic or equivalent</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other Medical personnel</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Driver</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

3) Vehicles Type B1

<table>
<thead>
<tr>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</tbody>
</table>

Vehicles Type B2

<table>
<thead>
<tr>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
</tbody>
</table>

Do positions conform to map of sections?

<table>
<thead>
<tr>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
</table>

Doctor as per Medical Code

Personnel as per Medical Code

Medical Equipment

- Stretcher
- Oxygen supply
- Equipment to immobilise limbs and spine
- First Aid medicaments and materials

Technical Equipment

- Radio communication with the Race Director and CMO (if applicable)
- Visible and audible signals

4) Medical Ground Post

<table>
<thead>
<tr>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
</tbody>
</table>

Do positions conform to map of section?

<table>
<thead>
<tr>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
</table>

Personnel

- Doctor, nurse, paramedic or equivalent experienced in emergency care
- Stretcher bearer

Medical Equipment

- Equipment for initiating resuscitation and emergency treatment
- Cervical collar
- Scoop stretcher

Technical Equipment

- Radio communication with Race Director (if applicable) and CMO

update 21 February 2017
5) **Is a facility available for treatment of injured competitors**

   Room, container or tent (please describe/specify) -
   to complete if there is no Medical Centre

---

6) **Vehicles for transport to hospital**

   Type C

   Number

---

7) **Clothing of medical personnel as per Medical Code**

   Doctor
   Paramedics or equivalent

   YES  
   NON

---

8) **Anti-doping facilities**

---

9) **Hospitals**

<table>
<thead>
<tr>
<th>Type of hospital</th>
<th>Name of Hospital</th>
<th>Time to hospital</th>
<th>Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Route</td>
<td>Air</td>
</tr>
<tr>
<td></td>
<td></td>
<td>min</td>
<td>min</td>
</tr>
</tbody>
</table>

   a) Local hospital

   b) General Surgery

   c) Orthopaedic/Trauma

---

The CIRCUIT CMO QUESTIONNAIRE has been completed by the CMO, medical service is in accordance with art. 09.7.6 of the Medical Code.

YES  
NO

---

Remarks:

---

Date:

---

CMO Signature:
CIRCUIT CMO QUESTIONNAIRE
TRIAL

(Form only to be used by Medical Doctor in charge)

This questionnaire must be completed by the Medical Doctor
(in accordance with art. 09.4.1 of the FIM Medical code)
and returned to the FIM by e-mail, TWO months prior to the event with the following
attachments:

1) A map of the sections including medical overview of medical personal, ambulances and fire service
2) A map of the sections indicating the routes for urgent evacuation
3) Written confirmation from all involved hospitals
4) Written confirmation of CMO/doctor about availability of medical staff during the event
5) Road map to hospital(s)

A copy of this form has to be handed over before the first inspection of the sections
to the FIM Medical Representative (FIM Medical Code art. 09.4.1)

<table>
<thead>
<tr>
<th>Discipline</th>
<th>IMN No.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Circuit</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Country</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Medical Doctor in charge</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
</tbody>
</table>

N° Lic. (if existing)
1) **Are all medical services under the control of the Medical Doctor in charge**

| YES | NO |

2) **Total personnel during event**

<table>
<thead>
<tr>
<th>Day</th>
<th>1</th>
<th>2</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Doctor(s)</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Nurses</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Paramedic or equivalent</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Other Medical personnel</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Driver</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

NOTE: If there is a considerable distance between the sections, there should be additional doctors with adequate emergency equipment.

3) **Vehicles Type A (Medical Rapid Intervention Vehicle)**

| Number | YES | NO |

| Doctor(s) as per Medical Code art. 09.5 |
| Nurse, paramedics as per Medical Code |
| Driver as per Medical Code |

**Medical equipment**
- Portable oxygen supply
- Manual ventilator
- Intubation equipment
- Suction equipment
- Intravenous infusion equipment
- Equipment to immobilise limbs and spine (including cervical spine)
- Sterile dressings
- ECG monitor and defibrillator
- Drugs for resuscitation and analgesia/IV fluids
- Sphygmomanometer and stethoscope

**Equipment (Technical)**
- Radio communication
- Visible and audible signals
- Equipment to remove clothing and helmets
4) **Vehicles Type C (Ambulance)**

<table>
<thead>
<tr>
<th>Equipment (Medical)</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stretcher</td>
<td></td>
</tr>
<tr>
<td>Oxygen supply</td>
<td></td>
</tr>
<tr>
<td>Equipment to immobilise limbs and spine</td>
<td></td>
</tr>
<tr>
<td>First Aid medicaments and materials</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Equipment (Technical)</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Radio communication with the Medical Doctor</td>
<td></td>
</tr>
<tr>
<td>Visible and audible signals</td>
<td></td>
</tr>
</tbody>
</table>

Do positions conform to map of sections?  
Personnel as per Medical Code

---

5) **Medical Ground posts (if necessary)**

<table>
<thead>
<tr>
<th>Equipment (Medical)</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Equipment for initiating resuscitation and emergency treatment</td>
<td></td>
</tr>
<tr>
<td>Cervical collar</td>
<td></td>
</tr>
<tr>
<td>Scoop stretcher</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Equipment (Technical)</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Radio communication with Medical Doctor in charge</td>
<td></td>
</tr>
</tbody>
</table>

Do positions conform to map of section?  
Personnel
Doctor/ paramedic or equivalent experienced in emergency care
Stretcher bearer

---

6) **Is a facility available for treatment of injured competitors?**

Room, container or tent (please describe/specify)  
if there is no Medical Centre
7) Vehicles for transport to hospital

Number

8) Clothing of medical personnel as per Medical Code

YES  NO

Doctor

Paramedics or equivalent

9) Hospitals

<table>
<thead>
<tr>
<th>Type of hospital</th>
<th>Name of Hospital</th>
<th>Distance km</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) Local hospital</td>
<td></td>
<td></td>
</tr>
<tr>
<td>b) General Surgery</td>
<td></td>
<td></td>
</tr>
<tr>
<td>c) Orthopaedic/Trauma</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

The CIRCUIT CMO QUESTIONNAIRE has been completed by the Medical Doctor in charge, medical service is in accordance with the medical code

YES  NO

Remarks:

Date:

Signature of the Medical Doctor in charge:
APPENDIX G

RIDER SELF DISCHARGE FORM

PART 1
(To be completed by the rider)

I, ____________________________ rider no _____________________________

in the _____________________ class, discharge myself against local medical advice

and understand the possible consequences of such action that have been explained to me by Dr. _____________________________

Signed: ______________________ Date: __________ Time: _________

PART 2
(To be completed by the Chief Medical Officer-CMO)

I, Dr. _____________________________, CMO at the _____________________________ circuit, confirm that I have explained the possible consequences of the rider discharging himself/herself against my advice.

In view of the language difficulties, this explanation was given through an interpreter

(delete as appropriate).

Signed: ______________________ Date: __________ Time: _________

Copies: CMO, Rider, Race Director, Medical Director, FIM Medical Officer (GP), Clinica Mobile
<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Starting no of rider</th>
<th>Official or Spectator</th>
<th>Referral Hospital</th>
<th>Injury</th>
<th>Name, nationality and address of injured</th>
<th>No du poste ou lieu</th>
<th>Heure</th>
<th>No départ coureur</th>
<th>Official ou Spectateur</th>
</tr>
</thead>
</table>

**APPENDIX H**

**ACCIDENT REPORT FORM / FORMULAIRE DE RAPPORT D'ACCIDENT**

**OFF ROAD GROUND POST / POST DE SECOURS EN TOUR TERAIN**

**VENUE / LIEU :**

**DATE :**

**EVENT / ÉPREUVE :**
**MEDICAL HOMOLOGATION REPORT**  
*(Form to be used by FIM MEDICAL INSPECTOR)*

1) Circuit

2) Discipline

- [ ] GP/ SBK
- [ ] Road Racing Sidecar WC
- [ ] Endurance WC
- [ ] MXGP/MX2

3) Date of Inspection

4) Present

5) Aim

Final inspection in order to issue a new medical homologation certificate

6) References

FIM MEDICAL CODE at the time of homologation

7) Medical Services

<table>
<thead>
<tr>
<th>Service</th>
<th>Present</th>
<th>Nil</th>
</tr>
</thead>
<tbody>
<tr>
<td>Circuit</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Medical Centre</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hospitals</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spectators</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Helicopter</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

In order to improve: nil
8) Special Comments and Recommendations

9) Conclusions

A homologation certificate can be issued until the end of the year with the following minimum requirements:

<table>
<thead>
<tr>
<th>Total Nº of</th>
<th>Total Nº of</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doctors (+CMO)</td>
<td>Vehicles Type A1 / A2</td>
</tr>
<tr>
<td>Paramedics</td>
<td>Vehicles Type B1 / B2</td>
</tr>
<tr>
<td>Drivers</td>
<td>Vehicles Type C</td>
</tr>
<tr>
<td>First Aiders</td>
<td>Groundposts</td>
</tr>
<tr>
<td>Nurses</td>
<td>Pit Lane Groundposts</td>
</tr>
<tr>
<td>Stretcher bearers</td>
<td>Medical Centre</td>
</tr>
<tr>
<td></td>
<td>Helicopter</td>
</tr>
</tbody>
</table>

10) Alterations to the Circuit

Any alterations carried out after the final inspection will invalidate the homologation certificate and require a new inspection.

FIM Medical Inspector

Distribution

Circuit
FMN
Relevant Contractual Partner
Relevant Sporting Commission President/ Coordinator
CMI Member of the relevant FMN
CMI
FIM Medical Inspector

Encl.:

Date/ Signature: __________________________________________ Signature of FIM Medical Inspector
DURATION OF CONVALESCENCE

FIM Medical Panel document establishing the general evaluation principles for resumption of motorcycling competition after an accident

INTRODUCTION

The decision to consider a rider fit or unfit for continued engagement in motorcycling competition after an incapacitating accident falls within the competence of the CMO.

The increasing professionalism of all parties concerned in the various championships often places riders under contractual commitments that accustom them to a professional reality which is sometimes dehumanised and on which the CMI must keep a watchful eye.

OBJECTIVES

The development of new medical techniques, which are less invasive and, consequently, less physically disruptive for the patient, permit shorter periods of hospitalisation and earlier rehabilitation.

However, this technological adaptation cannot also shorten the periods of cicatrisation and bone consolidation and thereby invalidate all the histophysiological concepts.

Hence, while the rider’s overall recuperation might be accelerated in this way, allowing him to envisage the wildest sporting feats, the physicians authorized to issue the medical certificate of fitness for the resumption of competition will have to ascertain whether the rider would be able to face unforeseen situations in order to avoid jeopardizing not only his safety but also that of his fellow riders and other parties involved.

MEANS

The criteria to be defined should be based on the following requirements:

1. Assurance of the immediate personal safety of the rider
2. Maintenance of a balance between the immediate and long-term physical well being of the rider.
3. Assurance of the immediate safety of the riders in all the collective motorcycling disciplines.
4. Assurance of the immediate safety of the other parties involved, such as stewards, paramedics, first-aid workers, physicians, mechanics, etc.

It would not be feasible to list in this document all the pathological situations encountered in the practice of motorcycling sport.

We will therefore give an overall perspective of the situations that are common to most injuries.

However, three points are worth emphasizing due to the frequency of the problems encountered in these situations:

1. Cutaneous cicatrisation needs time to be accommodated by the body as a whole. In principle, stitches should be removed when a wound has healed before any resumption of competition.

2. With regards to osteosyntheses using percutaneous pins of the Kirschner type, while the duration of the fracture consolidation is classic and agreed by most authors, we must emphasize that, in such a case, the resumption of competition is contraindicated due to the risk of displacement of such pins.

3. The resumption of competition is also contraindicated in the presence of means of immobilization such as ortheses or plaster cast designed to stabilize a lesion. In fact, the materials used, being less elastic than human body tissue, could pose a threat to the competitor in the event of a further accident.

Hence, on the whole, injuries suffered during the practice of motorcycling sport follow a common pattern: treatment of the lesion, cicatrisation and consolidation and, finally, rehabilitation and re-adaptation to the sporting discipline.

The internationally recognized periods of time needed for bone consolidation are therefore 4-8 weeks for an upper limb and 4-12 weeks for a lower limb, depending on the site of the fracture.

These minimum periods would, of course, be adjusted in the light of the follow-up of the bony callus, but the stress to which it would be subjected by the rider’s activity would also be taken into account.

In order to maximize the safety not only of the rider but also of his entourage in competitions, the CMO should be able to carry out a set of simple, easily reproducible and effective tests to assess the motorcyclist’s new physical capacities before he resumes competition.

Tests for lesions of a lower limb:

1. Mobility equivalent to or exceeding 50% of the physiological articular amplitude of the hip and knee joints.

2. Stand on one foot, both left and right, for at least 5 seconds.

3. Cover a distance of 20m unaided in a maximum time of 15 seconds.

4. Climb up and down 10 steps in a maximum time of 20 seconds.

Tests for lesions of a upper limb:

- To carry out 5 push ups
HEAD INJURIES

Assessment of the injured rider and return to competition should be in accordance with the guidelines for the assessment and management of concussion as contained within the International Consensus Statement on Concussion in Sport Zurich 2012.

In the event of a suspected concussion the rider should be assessed using a recognised assessment tool such as SCAT3 or similar (see appendix S). If the assessment confirms a concussion the rider should immediately be excluded from competition for at least the rest of the event. Prior to returning to competition the rider should be assessed for and provide documentary evidence of a return to normal neuro-psychological function using for example the IMPACT system, functional MRI scan or similar.

ABDOMINAL SURGERY

In the event of any abdominal surgery, with or without incision of the peritoneum, the period of unfitness for competition would range from 15 days to one month.

CONCLUSION

Provided that the various periods of cicatrisation, and particularly bone consolidation, are respected by their therapists, injured riders should be able to undergo these fitness tests without danger so that they can all resume competition in conditions of optimal safety.
Curriculum Vitae

Name: ______________________ First Name: ______________________ Title: ______________________

DoB: ______________________ (Date of Birth) FMN: ______________________

Specialization: ______________________

Address: ______________________

Phone - office ______________________ FAX - office: ______________________

Phone - home: ______________________ FAX - home: ______________________

E- Mail Address: ______________________

Work place:

Box: Office Hospital Other

I started as doctor in motorcycling sport in: (year)

Activities as doctor in motorcycling sport in the last 3 years:

<table>
<thead>
<tr>
<th>Event</th>
<th>Function</th>
<th>Year</th>
</tr>
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<tbody>
<tr>
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</tr>
</tbody>
</table>

Date: ______________________

RETURN TO THE FIM/CMI
LIST OF MEDICALLY UNFIT RIDERS

To the Chief Medical Officer at ..............................................................Circuit
for event IMN No ............................................. (the next event in the series)

The following riders were rendered medically **unfit** to ride
at event IMN No

date of event

<table>
<thead>
<tr>
<th>NAME</th>
<th>RIDING No</th>
<th>CLASS</th>
<th>NATURE OF INJURY / ILLNESS</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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<td></td>
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<td></td>
<td></td>
</tr>
</tbody>
</table>

The following riders were included on a previous "List of Medically Unfit Riders" and have not yet been passed as "medically fit to ride".

<table>
<thead>
<tr>
<th>NAME</th>
<th>RIDING No</th>
<th>CLASS</th>
<th>NATURE OF INJURY / ILLNESS</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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<td></td>
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<td></td>
<td></td>
</tr>
</tbody>
</table>

Any rider on these lists wishing to compete must have a Special Medical Examination to determine their medically fitness to ride in accordance with Art.09.3 and Appendix C of the FIM Medical Code before they next compete at an event. The list must also include any rider who has been treated by a doctor other than the official doctors of the event. At the end of an event this form must be completed by the CMO to include any additional rider who has been injured. The form must then be sent on immediately to the FIM in an envelope marked "Confidential", for delivery to the CMO of the next event.

Date ____________________ Signature of Chief Medical Officer

*APPENDIX O*
APPLICATION FOR A CMO LICENCE

Name/Nom : __________________________ First name/Prénom : _____________
Adress/Adresse : _____________________ No tél. : ___________________________
_____________________________________ No fax : _________________________
_____________________________________ E-mail : _________________________

The undersigned confirms that:
Le soussigné confirme :

☐ I am familiar with the FIM MEDICAL & ANTI-DOPING CODE
   Je connais le CODE MEDICAL & ANTIDOPAGE FIM

☐ I have attended a FIM CMO seminar in ...................., date ............
   J’ai participé au séminaire CSM à ...................., date ............

☐ I am experienced at motor sport events and have attended at least two
   national or continental or international events as a doctor.
   Je dispose d’expérience dans les manifestations motorisées et ai assisté à
   au moins deux manifestations nationales ou continentales ou
   internationales à titre de médecin.

☐ I am familiar with the circuit at which I will be CMO
   Je connais le circuit pour lequel je serai le CSM

☐ I am experienced in the provision of emergency medical care
   J’ai de l’expérience dans les soins médicaux d’urgence

☐ I am a fully registered and appropriately qualified medical practitioner
   Je suis inscrit à l’ordre des médecins et j’ai l’expérience en tant que
   praticien

☐ I enclose my completed professional and motorsport C.V.
   Je joins mon complet C.V. professionnel et celui du sport motocycliste

Date : ___________________________ Participant Signature
   Signature du participant : __________________

Licence N°: ________________________ (to be completed by the FIM/CMI)
   (à remplir par la FIM/CMI)
PROCEDURE FOR A MEDICAL INSPECTION AND HOMOLOGATION FOR CIRCUIT RACING GP, SBK, ENDURANCE, MXGP, MXoN, SGP CIRCUITS

Medical Inspection

A medical inspection is a visit by an FIM Medical Inspector (FIM Medical Officer/Representative) during an event following receipt of the CMO questionnaire of the relevant circuit in order to:

- establish the level of the medical facilities and the medical centre of the circuit in order to ensure the highest standard of services for the safety of the riders and to establish their conformity with the FIM Medical Code and make recommendations as necessary with a view to a medical homologation based on the CMO questionnaire previously received and reviewed by the FIM Medical Inspector.

and

- verify all medical facilities and the medical centre together with the services required to provide appropriate and necessary medical interventions.

and

- issue a medical inspection and homologation report for the circuit.

An initial medical inspection before the event (Medical Pre-inspection) may be compulsory:

- To determine the minimum medical requirements and facilities for any new circuit to be used for the first time. Such an inspection may be followed by a further Medical Pre-inspection if necessary but will be followed by a compulsory Medical Inspection during the event to confirm the provision and appropriateness of these medical services.
An intermediate medical inspection before the event may be required for:

a) existing circuits that have already been used and received a grade A but have undergone significant changes in the layout of the circuit or the medical centre.

b) existing circuits which have received a grade B or C in the previous inspection.

A medical inspection during the event is compulsory for:

a) any new circuit to be used for the first time.

b) existing circuits which have received a grade B or C in the previous inspection.

c) existing circuits that have already been used and received a grade A but have undergone significant changes in the layout of the circuit or the medical centre.

d) the circuits for which the previous medical homologation has expired.

Inspection requests

- The FMN can request a medical inspection, but the FIM reserves the right to review a medical homologation and require a medical inspection at any time.

- In the event of inadequate medical facilities or work to be carried out to the medical centre, the medical inspector may decide to carry out one or more further intermediate medical inspections, if necessary.

- The medical homologation becomes effective only after a FINAL medical inspection resulting in a grade A or B as defined below.

- The CMI will appoint the FIM medical Inspector.

Documents to be submitted for a medical inspection to be returned to the FIM at least 2 month prior to the medical inspection.

- The FIM Circuit CMO Questionnaire to be completed by the Chief Medical Officer (CMO) (see Appendix F of the FIM Medical Code).

- Two (2) copies of a map of the circuit medical services, one in hard copy and the other in electronic format to a minimum scale of 1:2000 indicating the positions.
- vehicle type A  in red with
- vehicle type B  in blue with
- vehicle type C  in green with
- medical centre  in green with
- ground post  in yellow with
- pit lane ground post  in yellow with
- helicopter landing area  in orange with

and routes for urgent evacuation

- Plan of the circuit medical centre.
Medical Inspection procedure

At all medical inspections, it shall be the duty of the FIM Medical Inspector to examine all the medical facilities at the circuit and make recommendations when required to ensure that these conform to the FIM Medical Code.

During the medical inspection, the presence of the Chief Medical Officer (CMO), the Clerk of the Course and/or a responsible representative of the circuit is required.

Grading of circuit medical inspections and homologations

The medical inspection and homologation will be graded as follows:

A: 1 year

A medical inspection and medical homologation report will be issued.

B: **Further improvements to the medical service are required and a further medical inspection is compulsory the following year.**

In the event of two successive inspections resulting in grade B, the circuit will automatically be downgraded to grade C as defined below.

C: **The medical service provision does not comply with the requirements of the FIM Medical Code and further medical inspections are compulsory prior to any FIM event taking place.**

Further medical inspection is required before any FIM event can take place until the circuit obtains at least a grade B.

Expenses for medical inspections/homologations

The costs of transport and accommodation of the Medical Inspector for final medical inspections of track or circuits resulting in a grade A, are borne by the FIM.
When the medical inspection results in a grade B or C requiring further inspections and takes place before the date of the event, these costs are invoiced to the FMNR, by way of the quarterly invoice of amounts payable by the FMNR. Following a grade C, an intermediate inspection is compulsory before the next event takes place. In this case, the costs of such an inspection will be borne by the FMNR.

When a track or circuit is inspected without a race being included in the calendar of the current or the coming year, the costs are also later invoiced to the FMNR, even if the circuit obtains a grade A.

The costs pertaining to a medical inspection during the event obtaining grade A are included in the inscription fees. Nevertheless, the costs of inspections obtaining grade B or C must be borne by the FMNR concerned and are, thus, not included in these inscription fees.
APPENDIX Q
For all disciplines except for Circuit Racing GP, SBK, Endurance, MXGP, MxoN, SGP Circuits

PROCEDURE FOR A CIRCUIT MEDICAL INSPECTION AND HOMOLOGATION
FOR ALL DISCIPLINES EXCEPT FOR CIRCUIT RACING GP, SBK, ENDURANCE,
MXGP, MXoN, GP SPEEDWAY

Medical Inspection

A medical inspection is a visit by an FIM Medical Inspector (FIM Medical Representative) during an event in order to:

- establish the level of the medical facilities and the medical centre of the circuit in order to ensure the highest standard of services for the safety of the riders and to establish their conformity with the FIM Medical Code and make recommendations as necessary with a view to a medical homologation based on the CMO questionnaire previously received and reviewed by the FIM Medical Inspector.

and

- verify all medical facilities and the medical centre together with the services required to provide appropriate and necessary medical interventions

and

- issue a medical inspection and homologation report for the circuit.

In the case of no FIM Medical Representative being appointed to the event and no inspection being carried out during the event, the FIM Medical Inspector will review the CMO questionnaire received at least 60 days prior to the event and will forward their advice and recommendations in writing to the CMO and FMNR.
An initial medical inspection before the event (Medical Pre-inspection) **may be required:**

- To determine the minimum medical requirements and facilities for any new circuit to be used for an FIM Championship or Prize event for the first time. Such an inspection may be followed by a further Medical Pre-inspection if necessary and **may** be followed by a Medical Inspection during the event to confirm the provision and appropriateness of these medical services.

An intermediate medical inspection before the event may be required for:

a) existing circuits that have already been used for an FIM Championship and Prize event and received a grade A but have undergone significant changes in the layout of the circuit or the medical centre.

b) existing circuits which have received a grade B or C in the previous inspection.

A medical inspection during the event **may be** compulsory for:

a) any new circuit to be used for an FIM Championship or Prize event for the first time.

b) existing circuits which have received a grade B or C in the previous inspection.

c) existing circuits that have already been used for an FIM Championship and Prize event and received a grade A but have undergone significant changes in the layout of the circuit or the medical centre.

d) the circuits for which the previous medical homologation has expired.

Inspection requests

- The FMN can request a medical inspection, but the FIM reserves the right to review a medical homologation and require a medical inspection at any time.

- In the event of inadequate medical facilities or work to be carried out to the medical centre, the FIM Medical Inspector may decide to carry out one or more further intermediate medical inspections, **if necessary**.

- The medical homologation becomes effective only after a FINAL medical inspection resulting in a grade A or B as defined below.

- The CMI will appoint the FIM Medical Inspector.
Documents to be submitted for a medical inspection to be returned to the FIM at least 2 months prior to the medical inspection.

- The FIM Circuit CMO Questionnaire to be completed by the Chief Medical Officer (CMO) (see Appendix F of the FIM Medical Code).

- Two (2) copies of a map of the circuit medical services, one in hard copy and the other in electronic format to a minimum scale of 1:2000 indicating the positions.

- vehicle type A in red with

- vehicle type B in blue with

- vehicle type C in green with

- medical centre in green with

- ground post in yellow with

- pit lane ground post in yellow with

- helicopter landing area in orange with

and routes for urgent evacuation

- Plan of the circuit medical centre.
Medical Inspection procedure

At all medical inspections, it shall be the duty of the FIM Medical Inspector to examine all the medical facilities at the circuit and make recommendations when required to ensure that these conform to the FIM Medical Code.

During the medical inspection, the presence of the Chief Medical Officer (CMO), the Clerk of the Course and/or a responsible representative of the circuit is required.

Grading of circuit medical inspections and homologations

The medical inspection and homologation will be graded as follows:

A: 3 years.

A medical inspection and homologation report will be issued.

B: Further improvements to the medical service are required and a further medical inspection may be carried out at the following year.

Medical inspection may be carried out before the next event.

In the event of two successive inspections resulting in grade B, the circuit will automatically be downgraded to grade C as defined below.

C: The medical service provision does not comply with the requirements of the FIM Medical Code and further medical inspections are compulsory prior to FIM events taking place.

Further medical inspection is required before any FIM event can take until the circuit obtains at least a grade B.

Costs for medical inspections/homologations

The costs of transport and accommodation of the FIM Medical Inspector for final medical inspections of track or circuits resulting in a grade A, are borne by the FIM.
When the medical inspection results in a grade B or C requiring further inspections before the date of the event, these costs are invoiced to the FMNR, by way of the quarterly invoice of amounts payable by the FMNR. Following a grade C, an intermediate inspection is compulsory before the next event takes place. In this case, the costs of such an inspection will be borne by the FMNR.

When a track or circuit is inspected without a race being included in the calendar of the current or the coming year, the costs are also later invoiced to the FMNR, even if the circuit obtains a grade A.

The costs pertaining to a medical inspection during the event obtaining grade A are included in the inscription fees. Nevertheless, the costs of inspections obtaining grade B or C must be borne by the FMNR concerned and are, thus, not included in these inscription fees.
CONFIDENTIALITY NOTE: The data and information contained in this questionnaire are strictly confidential. This information is intended only for use of the FIM.

**QUESTIONNAIRE FATAL ACCIDENTS**

1) **FMNR**

2) **DISCIPLINE**

3) **EVENT**
   - National
   - International
   - FIM

4) **CIRCUIT**
   - VENUE
   - Practice
   - Race
   - Lap N°
   - Track
   - Paddock
   - Outside
   - Ground post N°
   - Turn N°

5) **CMO**

6) **RIDER:**
   - **NAME**
   - **FIRST NAME**

   **Date of Birth**

   **FMN**

7) **DIAGNOSES**
   - 1
   - 2
   - 3
   - 4
<table>
<thead>
<tr>
<th>Field</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>NAME</td>
<td></td>
</tr>
<tr>
<td>FIRST NAME</td>
<td></td>
</tr>
<tr>
<td>8) DATE of ACCIDENT</td>
<td></td>
</tr>
<tr>
<td>9) TIME of ACCIDENT</td>
<td></td>
</tr>
<tr>
<td>10) PROTECTIVE DEVICES WORN BY THE RIDER:</td>
<td></td>
</tr>
<tr>
<td>Neckbrace:</td>
<td>YES [ ] NO [ ]</td>
</tr>
<tr>
<td>Type:</td>
<td></td>
</tr>
<tr>
<td>Brand:</td>
<td></td>
</tr>
<tr>
<td>Other protective devices: (Please specify)</td>
<td></td>
</tr>
<tr>
<td>11) TIME of DEATH</td>
<td></td>
</tr>
<tr>
<td>12) DEATH</td>
<td>immediate [ ] evacuation [ ] hospital [ ]</td>
</tr>
<tr>
<td>13) TIME of ARRIVAL of the FIRST AIDERS</td>
<td></td>
</tr>
<tr>
<td>14) TIME of START RESUSCITATION</td>
<td></td>
</tr>
<tr>
<td>15) THERAPY</td>
<td></td>
</tr>
</tbody>
</table>
FIM Medical code

NAME ___________________________ FIRST NAME ___________________________

16) AUTOPSY YES ____ NO ____

17) RESULT of the AUTOPSY ____________________________________________________

18) REMARKS oil ____ dry track ____ wet track ____
collision ____ fall ____
other ____________________________

19) DOCUMENTS videos ____ pictures ____ magazines ____
other ____________________________

20) COMMENTS ________________________________________________________________

21) SIGNATURE of CMO of the EVENT: ____________________________________________

NAME of the CMO: ___________________________

DATE: ___________________________
What is the SCAT3?1

The SCAT3 is a standardized tool for evaluating injured athletes for concussion and can be used in athletes aged from 13 years and older. It supersedes the original SCAT and the SCAT2 published in 2005 and 2009, respectively. For younger persons, ages 12 and under, please use the Child SCAT3. The SCAT3 is designed for use by medical professionals. If you are not qualified, please use the Sport Concussion Recognition Tool. Preseason baseline testing with the SCAT3 can be helpful for interpreting post-injury test scores.

Specific instructions for use of the SCAT3 are provided on page 3. If you are not familiar with the SCAT3, please read through these instructions carefully. This tool may be freely copied in its current form for distribution to individuals, teams, groups and organizations. Any revision or any reproduction in a digital form requires approval by the Concussion in Sport Group.

NOTE: The diagnosis of a concussion is a clinical judgment, ideally made by a medical professional. The SCAT3 should not be used solely to make, or exclude, the diagnosis of concussion in the absence of clinical judgement. An athlete may have a concussion even if their SCAT3 is “normal.”

What is a concussion?

A concussion is a disturbance in brain function caused by a direct or indirect force to the head. It results in a variety of non-specific signs and/or symptoms (some examples listed below) and most often does not involve loss of consciousness. Concussion should be suspected in the presence of any one or more of the following:

- Symptoms (e.g., headache), or
- Physical signs (e.g., unsteadiness), or
- Impaired brain function (e.g., confusion) or
- Abnormal behaviour (e.g., change in personality).

SIDELINE ASSESSMENT

Indications for Emergency Management

NOTE: A hit to the head can sometimes be associated with a more serious brain injury. Any of the following warrants consideration of activating emergency procedures and urgent transportation to the nearest hospital:

- Glasgow Coma score less than 15
- Deteriorating mental status
- Potential spinal injury
- Progressive, worsening symptoms or new neurologic signs

Potential signs of concussion

If any of the following signs are observed after a direct or indirect blow to the head, the athlete should stop participation, be evaluated by a medical professional and should not be permitted to return to sport the same day if a concussion is suspected.

Any loss of consciousness? Y N

“*If so, how long?” Y N

Balance or motor incoordination (stumbles, slow/laboured movements, etc.)? Y N

Disorientation or confusion (inability to respond appropriately to questions)? Y N

Loss of memory? Y N

“*If so, how long?” Y N

“Before or after the injury?” Y N

Blank or vacant look? Y N

Visible facial injury in combination with any of the above: Y N

Glasgow Coma score (GCS)

Best eye response (E)

No eye opening 1

Eye opening in response to pain 2

Eye opening to speech 3

Eyes opening spontaneously 4

Best verbal response (V)

No verbal response 1

Incomprehensible sounds 2

Inappropriate words 3

Confused 4

Oriented 5

Best motor response (M)

No motor response 1

Extension to pain 2

Abnormal flexion to pain 3

Flexion/Withdrawal to pain 4

Localizes to pain 5

Obeys commands 6

Glasgow Coma score (E + V + M) of 15

GCS should be recorded for all athletes in case of subsequent deterioration.

Maddocks Score3

“I am going to ask you a few questions, please listen carefully and give your best effort.”

Modified Maddocks questions (1 point for each correct answer)

What venue are we at today? 0 1

Which half is it now? 0 1

Who scored last in this match? 0 1

What team did you play last week/game? 0 1

Did your team win the last game? 0 1

Maddocks score of 5

Maddocks score is validated for sideline diagnosis of concussion only and is not used for serial testing.

Notes: Mechanism of Injury (“tell me what happened”):

Any athlete with a suspected concussion should be REMOVED FROM PLAY, medically assessed, monitored for deterioration (i.e., should not be left alone) and should not drive a motor vehicle until cleared to do so by a medical professional. No athlete diagnosed with concussion should be returned to sports participation on the day of injury.
**BACKGROUND**

- **Name:** 
- **Date:** 
- **Examiner:** 
- **Sport/team/school:** 
- **Date/time of injury:** 
- **Age:** 
- **Gender:**  
- **Years of education completed:**  
- **Dominant hand:**  
- **How many concussions do you think you have had in the past:** 
- **When was the most recent concussion:** 
- **How long was your recovery from the most recent concussion:** 
- **Have you ever been hospitalized or had medical imaging done for a head injury:**  
- **Have you ever been diagnosed with headaches or migraines:**  
- **Do you have a learning disability, dyslexia, ADD/ADHD:**  
- **Have you ever been diagnosed with depression, anxiety or other psychiatric disorder:**  
- **Has anyone in your family ever been diagnosed with any of these problems:**  
- **Are you on any medications? if yes, please list:**  

**Symptom evaluation**

- **How do you feel?**

  *You should score yourself on the following symptoms, based on how you feel now.*

<table>
<thead>
<tr>
<th>Symptom</th>
<th>none</th>
<th>mild</th>
<th>moderate</th>
<th>severe</th>
</tr>
</thead>
<tbody>
<tr>
<td>Headache</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td><em>Pressure in head</em></td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Neck Pain</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Nausea or vomiting</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Dizziness</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Blurred vision</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Balance problems</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Sensitivity to light</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Sensitivity to noise</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Feeling slowed down</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Feeling like &quot;in a fog&quot;</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Difficulty concentrating</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Difficulty remembering</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Fatigue or low energy</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Confusion</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Drowsiness</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Trouble falling asleep</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>More emotional</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Irritability</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Sadness</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Nervous or Anxious</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
</tbody>
</table>

**Total number of symptoms (Maximum possible 22)**

- **Symptom severity score (Maximum possible 132)**

  - Do the symptoms get worse with physical activity?  
  - Do the symptoms get worse with mental activity?  

<table>
<thead>
<tr>
<th>Overall rating:</th>
<th>self rated</th>
<th>self rated and clinician monitored</th>
<th>clinician interview</th>
<th>self rated with parent input</th>
</tr>
</thead>
<tbody>
<tr>
<td>different:</td>
<td>Y</td>
<td>Y</td>
<td></td>
<td></td>
</tr>
<tr>
<td>very different:</td>
<td>N</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>unsure:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>N/A:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Scoring on the SCAT3 should not be used as a stand-alone method to diagnose concussion, measure recovery or make decisions about an athlete’s readiness to return to competition after concussion. Since signs and symptoms may evolve over time, it is important to consider repeat evaluation in the acute assessment of concussion.

**Cognitive & Physical Evaluation**

1. **Cognitive assessment**
   - **Standardized Assessment of Concussion (SAC)**
   - **Orientation** (1 point for each correct answer)
     - What month is it?  
     - What is the date today?  
     - What is the day of the week?  
     - What year is it?  
     - What time is it right now? (within 1 hour)
   - **Orientation score**

   **Immediate memory**
   - **List**
   - **Trial 1**
   - **Trial 2**
   - **Trial 3**
   - **Alternative word list**
   - **Total**

   **Concentration: Digits Backward**
   - **List**
   - **Trial 1**
   - **Alternative digit list**
   - **Total of 4**

   **Concentration: Month in Reverse Order**

   **Concentration score**

2. **Balance examination**
   - **Do one or both of the following tests.**
   - **Footwear (shoes, barefoot, braces, tape, etc.)**
   - **Modified Balance Error Scoring System (BESS) testing**
   - **Which foot was tested** (i.e. which is the non-dominant foot)
   - **Testing surface (hard floor, field, etc.)**
   - **Condition**
     - Double leg stance:
     - Single leg stance (non-dominant foot):
     - Tandem stance (non-dominant foot at back):
   - **And/or**
     - **Tandem gait**

   **Time (best of 4 trials):**

3. **Coordination examination**
   - **Upper limb coordination**
     - **Which arm was tested**
     - **Coordination score**

4. **SAC Delayed Recall**
   - **Delayed recall score**

---

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INSTRUCTIONS

Words in italics throughout the SCAT3 are the instructions given to the athlete by the tester.

Symptom Scale

“You should score yourself on the following symptoms, based on how you feel now.”

To be completed by the athlete. In situations where the symptom scale is being completed after exercise, it should still be done in a resting state, at least 10 minutes post exercise.

For total number of symptoms, maximum possible is 22.
For Symptom severity score, add all scores in table, maximum possible is 22 x 6 = 132.

SAC4

Immediate Memory

“I am going to test your memory. I will read you a list of words and when I am done, repeat back as many words as you can remember, in any order.”

Trials 2 & 3:

“I am going to repeat the same list again. Repeat back as many words as you can remember in any order, even if you said the word before.”

Complete all 3 trials regardless of score on trial 1 & 2. Read the words at a rate of one per second.
Score 1 pt. for each correct response. Total score equals sum across all 3 trials. Do not inform the athlete that delayed recall will be tested.

Concentration

Digits backward

“I am going to read you a string of numbers and when I am done, you repeat them back to me backwards, in reverse order of how I read them to you. For example, if I say 7-1-8, you would say 9-1-7.”

If correct, go to next string length. If incorrect, read trial 2. One point possible for each string length.
Stop after incorrect on both trials. The digits should be read at the rate of one per second.

Months in reverse order

“Now tell me the months of the year in reverse order. Start with the last month and go backward. So you’ll say December, November ... Go ahead.”

1 pt. for entire sequence correct

Delayed Recall

The delayed recall should be performed after completion of the Balance and Coordination Examination.

“Do you remember that list of words I read a few times earlier? Tell me as many words from the list as you can remember in any order.”

Score 1 pt. for each correct response

Balance Examination

Modified Balance Error Scoring System (BESS) testing

This balance testing is based on a modified version of the Balance Error Scoring System (BESS)6. A stopwatch or watch with a second hand is required for this testing.

“I am now going to test your balance. Please take off your shoes, roll up your pant legs above the ankle (if applicable), and remove any ankle taping (if applicable). This test will consist of three 20-second trials with different stances.”

(a) Double leg stance:

“The first stance is standing with your feet together with your hands on your hips and with your eyes closed. You should try to maintain stability in that position for 20 seconds. I will be counting the number of times you move out of this position. I will start timing when you are set and have closed your eyes.”

(b) Single leg stance:

“If you were to kick a ball, which foot would you use? This will be the dominant foot. Now stand on your non-dominant foot. The dominant leg should be held in approximately 30 degrees of hip flexion and 45 degrees of knee flexion. Again, you should try to maintain stability for 20 seconds with your hands on your hips and your eyes closed. I will be counting the number of times you move out of this position. If you stumble out of this position, open your eyes and return to the start position and continue balancing. I will start timing when you are set and have closed your eyes.”

(c) Tandem stance:

“Now stand side to side with your non-dominant foot in back. Your weight should be evenly distributed across both feet. Again, you should try to maintain stability for 20 seconds with your hands on your hips and your eyes closed. I will be counting the number of times you move out of this position. If you stumble out of this position, open your eyes and return to the start position and continue balancing. I will start timing when you are set and have closed your eyes.”

Balance testing – types of errors

1. Hands lifted off iliac crest
2. Opening eyes
3. Step, stumble, or fall
4. Moving hip into > 30 degrees abduction
5. Lifting foot off or heel
6. Remaining out of test position > 5 sec

Each of the 20-second trials is scored by counting the errors, or deviations from the proper stance, accumulated at the end of the test. The examiner will begin counting errors only after the individual has assumed the proper start position. The modified BESS is calculated by adding one error point for each error during the three 20-second tests. The maximum total number of errors for any single condition is 10. If an athlete commits multiple errors simultaneously, only one error is recorded but the athlete should quickly return to the testing position, and counting should resume once subject is set. Subjects that are unable to maintain the testing procedure for a minimum of five seconds at the start are assigned the highest possible score, ten, for that testing condition.

OPTION: For further assessment, the same 3 stances can be performed on a surface of medium density foam (e.g., approximately 50cm x 40cm x 6cm).

Tandem Gait6,7

Participants are instructed to stand with their feet together behind a starting line (the test is best done with footwear removed). Then, they walk in a forward direction as quickly and as accurately as possible along a 38m wide (sports tape), 3 meter line with an alternate foot heel-to-toe gait ensuring that they approximate their heel and toe on each step. Once they cross the end of the 3m line, they turn 180 degrees and return to the starting point using the same gait. A total of 4 trials are done and the best time is retained. Athletes should complete the test in 14 seconds. Athletes fail the test if they step off the line, have a separation between their heel and toe, or if they touch or grab the examiner or an object. In this case, the time is not recorded and the trial repeated, if appropriate.

Coordination Examination

Upper limb coordination

Finger-to-nose (FTN) task:

“I am going to test your coordination now. Please sit comfortably on the chair with your eyes open and your arm (either right or left) outstretched (shoulder flexed to 90 degrees and elbow and fingers extended), pointing in front of you. When I give a start signal, I would like you to perform five successive finger to nose repetitions using your index finger to touch the tip of the nose, and then return to the starting position, as quickly and as accurately as possible.”

Scoring: 5 correct repetitions in < 4 seconds = 1
Note for testers: Athletes fail the test if they do not touch their nose, do not fully extend their elbow or do not perform five repetitions. Failure should be scored as 0.

References & Footnotes

1. This tool has been developed by a group of international experts at the 4th International Consensus meeting on Concussion in Sport held in Zurich, Switzerland in November 2012. The full details of the conference outcomes and the authors of the tool are published in The BJSM Injury Prevention and Health Protection, 2013, Volume 47, Issue 5. The outcome paper will also be simultaneously co-published in other leading biomedical journals with the copyright held by the Concussion in Sport Group, to allow unrestricted distribution, providing no alterations are made.
ATHLETE INFORMATION

Any athlete suspected of having a concussion should be removed from play, and then seek medical evaluation.

Signs to watch for

Problems could arise over the first 24 – 48 hours. The athlete should not be left alone and must go to a hospital at once if they:
- Have a headache that gets worse
- Are very drowsy or can’t be awakened
- Can’t recognize people or places
- Have repeated vomiting
- Behave unusually or seem confused; are very irritable
- Have seizures (arms and legs jerk uncontrollably)
- Have weak or numb arms or legs
- Are unsteady on their feet; have slurred speech

Remember, it is better to be safe.
Consult your doctor after a suspected concussion.

Return to play

Athletes should not be returned to play the same day of injury.
When returning athletes to play, they should be medically cleared and then follow a stepwise supervised program, with stages of progression.

For example:

<table>
<thead>
<tr>
<th>Rehabilitation stage</th>
<th>Functional exercise at each stage of rehabilitation</th>
<th>Objective of each stage</th>
</tr>
</thead>
<tbody>
<tr>
<td>No activity</td>
<td>Physical and cognitive rest</td>
<td>Recovery</td>
</tr>
<tr>
<td>Light aerobic exercise</td>
<td>Walking, swimming or stationary cycling, keeping intensity, 30% maxium predicted heart rate. No resistance training.</td>
<td>Increase heart rate</td>
</tr>
<tr>
<td>Sport-specific</td>
<td>Scoring drills in ice hockey, running drills in course for head impact activities.</td>
<td>Add movement</td>
</tr>
<tr>
<td>Non-contact training drills</td>
<td>Progression to more complex training drills, eg passing drills in football and ice hockey. May start progressive resistance training.</td>
<td>Exercise, coordination, and cognitive load</td>
</tr>
<tr>
<td>Full contact practice</td>
<td>Following medical clearance participate in normal training activities.</td>
<td>Restore confidence and assess functional skills by coaching staff</td>
</tr>
<tr>
<td>Return to play</td>
<td>Normal game play</td>
<td></td>
</tr>
</tbody>
</table>

There should be at least 24 hours (or longer) for each stage and if symptoms recur the athlete should rest until they resolve once again and then resume the program at the previous asymptomatic stage. Resistance training should only be added in the later stages.

If the athlete is symptomatic for more than 10 days, then consultation by a medical practitioner who is expert in the management of concussion, is recommended.

Medical clearance should be given before return to play.

CONCUSSION INJURY ADVICE

(To be given to the person monitoring the concussed athlete)

This patient has received an injury to the head. A careful medical examination has been carried out and no sign of any serious complications has been found. Recovery time is variable across individuals and the patient will need monitoring for a further period by a responsible adult. Your treating physician will provide guidance as to this timeframe.

If you notice any change in behaviour, vomiting, dizziness, worsening headache, double vision or excessive drowsiness, please contact your doctor or the nearest hospital emergency department immediately.

Other important points:
- Rest (physically and mentally), including training or playing sports until symptoms resolve and you are medically cleared
- No alcohol
- No prescription or non-prescription drugs without medical supervision. Specifically:
  - No sleeping tablets
  - Do not use aspirin, anti-inflammatory medication or sedating pain killers
  - Do not drive until medically cleared
  - Do not train or play sport until medically cleared

Clinic phone number

Scoring Summary:

<table>
<thead>
<tr>
<th>Test Domain</th>
<th>Score</th>
<th>Date:</th>
<th>Date:</th>
<th>Date:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of Symptoms of 22</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Symptom Severity Score of 132</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Orientation of 5</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Immediate Memory of 15</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Concentration of 5</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Delayed Recall of 5</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>SAC Total</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>BESS (total errors)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tandem Gait (seconds)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Coordination of 1</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Notes:

Patient’s name
Date/time of injury
Date/time of medical review
Treating physician

Clinic phone number

SCATS SPORT CONCUSSION ASSESSMENT TOOL 3 | PAGE 4 © 2013 Concussion in Sport Group

Contact details or stamp
<table>
<thead>
<tr>
<th>Family Name</th>
<th>Given Name</th>
<th>Title</th>
<th>Qualifications</th>
<th>Speciality &amp; Hospital</th>
<th>Additional Training &amp; Experience</th>
<th>Location at Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>John</td>
<td>Dr.</td>
<td>MD</td>
<td>FRCS</td>
<td>Emergency Medicine, Intensivist</td>
<td>ATLS, PHTLS, etc</td>
<td>Medical Car, Post 1 etc</td>
</tr>
</tbody>
</table>

**Venue:**

Championnat du Monde FIM des Grands Prix de Courses sur Route - Liste du personnel médical

**FIM Road Racing World Championship Grand Prix - List of Medical Personnel**
FIM Alcohol Testing Procedure

Riders participating in any FIM World Championship, FIM Prize or International events will be subject to alcohol breath and/or blood testing at any time in-competition* in accordance with the following procedure:

*In-Competition = for the purpose of the FIM Medical Code, the in-competition period is defined as the period commencing 12 hours before the rider rides his bike for the first time during the event**, ending thirty (30) minutes after the end of the last race*** in his/her class and category. For the avoidance of doubt, the possession, use and consumption of alcohol during the awards ceremony is not considered a violation under the FIM Medical Code providing that the podium takes place at the end of the event.

**Event: an event is defined as a single sporting event (composed, depending on the discipline, of practice sessions, qualifying practice sessions and race(s), rounds, legs, heats or stages).

*** or round, leg, heat or stage.

1. Such testing will be undertaken by an FIM Official at the event using an FIM approved testing device. At certain events, for example, those involving the use of public roads, the police may undertake such testing.
2. Testing will be undertaken at the event by an FIM Official who is trained in the use of the alcohol testing device.
3. Testing will be performed with no prior notice.
4. Riders will be selected randomly by ballot or at the discretion of the FIM Chief Steward, FIM Jury President, FIM Delegate or the FIM Medical Representative.
5. At least three riders will be tested at each event.
6. At any time in-competition* alcohol testing may be included as part of a special medical examination conducted at the request of the CMO, Race Director, Clerk of the Course, Medical Director, Jury President, Chief Steward or the FIM Medical Representative in accordance with the FIM Medical Code.
7. Following notification of selection for alcohol testing, the rider must immediately attend the designated location for testing.
8. A refusal to undergo alcohol testing will be regarded for the purpose of the application of sanctions as identical to a test reading above the permitted threshold.
9. Any rider who refuses to submit himself to alcohol testing will be automatically and immediately excluded from further participation in, and disqualified from the event by the disciplinary body responsible for applying disciplinary sanctions at the event.
Such decision is final and may not be appealed against. Such automatic and immediate decision may not under any circumstances give rise to any claim from the rider or any other affected party. The details of the case will be notified immediately to the FIM Legal Department (legal@fim.ch) by the disciplinary body responsible for applying disciplinary sanctions at the event.

The rider will also be automatically provisionally barred by the FIM (Provisional Suspension) from participating in any competitions sanctioned by the FIM, its CONUs and its FMNs until further notice and without any further notification. Such automatic Provisional Suspension may not under any circumstances give rise to any claim from the rider or any other affected party.

10. Alcohol testing will normally take place in a location that maintains rider confidentiality, is secure with restricted access, and is in a suitable location with adequate facilities such as light and ventilation.

11. Each rider will be tested individually and in private.

12. The alcohol testing device will be determined and provided by the FIM.

13. The device will be calibrated in accordance with the manufacturer’s instructions.

14. The alcohol test procedure will take place where possible in the presence of a witness.

15. The testing procedure and use of the device will be explained to the rider.

16. The rider will be allowed to select an individual mouthpiece from a selection of individually sealed mouthpieces for their individual use and attach it to the device.

17. The rider will blow steadily into the mouthpiece until the device indicates that an adequate sample of breath has been obtained.

18. The test result displayed on the device will be shown to the rider and recorded on the test record documentation.

19. The time of each test will also be recorded on the documentation.

20. The documentation will then be signed by the rider and officials present at the test. Any refusal by a rider to sign the documentation will be duly noted and recorded on the documentation but will not invalidate the result of the test.

21. The results and associated documentation will be forwarded to the FIM Administration.

22. If the test reading is greater than the permitted threshold of 0.10g/L, a confirmatory test will be performed following a waiting period of at least a fifteen minutes starting after the first result of the first test has been recorded. If the first test reading is below or equal to 0.00g/L, no further test will be conducted.

23. As part of this confirmatory test the rider will again be asked to select a further mouthpiece from a selection of sealed mouthpieces. (The purpose of conducting a confirmatory test after a period of fifteen minutes in the event of a positive test is to ensure that any residual alcohol in the rider’s mouth from food, mouth wash etc. is no longer present in order to limit false positive results).

24. If the result of the confirmatory test is above the permitted threshold the rider will be automatically and immediately excluded from further participation in, and disqualified from the event by the disciplinary body responsible for applying disciplinary sanctions at the event.
Such decision is final and may not be appealed against. Such automatic and immediate decision may not under any circumstances give rise to any claim from the rider or any other affected party. The details of the case will be notified immediately by the disciplinary body responsible for applying disciplinary sanctions at the event to the FIM Legal Department (legal@fim.ch).

The rider will also be automatically provisionally barred by the FIM (Provisional Suspension) from participating in any competitions sanctioned by the FIM, its CONUs and its FMNs until further notice and without any further notification. Such automatic Provisional Suspension may not under any circumstances give rise to any claim from the rider or any other affected party.

25. Following notification of the case to the FIM Legal Department (legal@fim.ch), first-instance proceedings will be opened ex officio before the International Disciplinary Court (CDI) for consideration of the handing down of a suspension which shall range from a minimum of 9 (nine) months to a maximum of 18 (eighteen). The length of the suspension shall be decided on the riders' degree of fault and on any aggravating (e.g. recidivism) and/or mitigating factors. Riders and other persons shall receive credit for a Provisional Suspension against any period of Ineligibility which is ultimately imposed. In addition, further sanction(s) in accordance with the FIM Disciplinary & Arbitration Code (Article 3.1.3) and/or the relevant Sporting Regulations may be imposed on the rider. If the rider establishes that he bears no fault (i.e. no negligent or intentional failure; e.g. no negligence), no suspension or other sanctions may be imposed on him.

26. If the result of the confirmatory test is below the permitted threshold no further action will be taken.

27. A rider provisionally suspended as per Article 9 or Article 24 above may petition the CDI to have his provisional suspension lifted. The request, in writing and with reasons, must be received within 15 days of the date of the beginning of the provisional suspension to the rider.

The proceedings before the CDI on a request for lifting of the provisional suspension will be conducted exclusively on the basis of written submissions. Any oral or ungrounded request will be found inadmissible. The CDI shall consider only whether the Provisional Suspension shall be maintained until the full consideration of the case on the merits by the CDI in the framework of a final Hearing.

The Provisional Suspension shall not be lifted unless the rider establishes that: (a) the assertion of an alcohol rule violation has no reasonable prospect of being upheld (e.g., because of a patent flaw in the case against the rider); or (b) the rider has a strong arguable case that he/she bears No Fault (i.e. no negligent or intentional failure; e.g. no negligence) for the alcohol rule violation(s) asserted, so that any period of suspension that might otherwise be imposed for such a violation is likely to be completely eliminated by application of Article 25 above; or (c) some other facts exist that make it clearly unfair, in all of the circumstances, to maintain a Provisional Suspension prior to a final hearing before the CDI.
NB: This last ground is to be construed narrowly, and applied only in very exceptional circumstances. For example, the fact that the Provisional Suspension would prevent the rider participating in a particular event shall not qualify as exceptional circumstances.

Neither a Provisional Suspension imposed by the FIM nor any decision taken by the CDI in connection with a Provisional Decision will prejudice the question as to whether an alcohol rule violation has actually been committed (the existence of an alcohol rule violation and of a disciplinary responsibility of the rider is to be addressed by the CDI when the latter adjudicates on the merits of the case in the framework of a final Hearing; nor will any such Provisional Suspension or decision give rise under any circumstances to any claim (from the rider or any other affected party), should such violation not be upheld at a later stage in the procedure.

The CDI's decision on a request lodged by the rider to have his provisional suspension lifted may be appealed against before the Court of Arbitration of Sport (CAS) within 5 (five) days of receipt of the notification of the reasoned decision of the CDI. The Code of Sports-related Arbitration shall be applicable. In particular, irrespective of the fact that at least one of the three above mentioned conditions shall in all cases be established by the rider, the cumulative fulfilment of the three factors (i.e. “likelihood of success”, irreparable harm” and “balance of interest” tests) set out under R37 of the Code of Sports-related Arbitration shall also be met in favour of the rider in order for the CAS to be enabled to lift the rider's provisional suspension.
 BREATH ALCOHOL TEST

Rider's name, first name: ________________________________ Riding Number: ______

Title of the event: FIM ________________________________

Venue: ________________________________ Country: ______________ Date: ______________

FMNR: ________________________________  IMN N°: ____________________________

FIM Jury Pres. or Race Direction member or FIM Official: _____________________________

Witness 1: (if any) ______________________________ Position: ____________________________

Witness 2: (if any) ______________________________ Position: ____________________________

Other (if present): ______________________________ Position: ____________________________

Other (if present): ______________________________ Position: ____________________________

In accordance with the FIM Medical Code, the following rider must take part of the control (Breath Alcohol Test). The Alcohol control can take place anytime during the event.

The undersigned certifies to have tested the above-mentioned rider with the following results (N.B Positive Test means >0.10g/L):

Test 1: Positive  □  Negative  □  Result: ___________g/L  Time: ___________

Test 2: Positive  □  Negative  □  Result: ___________g/L  Time: ___________

Rider's signature: ________________________________

Date: ________________________________ Time: ________________________________

FIM Jury Pres. or Race Direction member or Appointed FIM Official signature: ________________________________

Witness 2: signature: (if any) ______________________________

Witness 1: signature: (if any) ______________________________

Other person present: signature: ______________________________

Other person present: signature: ______________________________

*** Original of this document must be sent to the FIM Administration ***

*** Copy of this document must be given to the rider ***